

Nike Spring Invitational - 5/4/2019
South Lakes High School
Performance List

Event 1 Girls High Jump Varsity

| Name | Yr | School | Seed | Mark |
|-----------------------------|----------|---------------------|----------------|------|
| 1 Messner, Erin | 12 | Loudoun Coun | 5-04.50 | |
| 2 Van Haaren, Samantha | 12 | South Lakes | 5-03.00 | |
| 3 Cuthill, Mira | 11 | South Lakes | 5-00.00 | |
| 4 Giannos, McKenna | 10 | Loudoun Coun | 5-00.00 | |
| 5 Hopkins, Daeja | 12 | James W. Rob | 4-11.00 | |
| 6 Hitchcock, Maddie | 10 | James W. Rob | 4-10.00 | |
| 7 Campbell, Kayla | 11 | Annandale | 4-10.00 | |
| 8 Guzman, Monica | 10 | Riverside Hi | 4-10.00 | |
| 9 Womble, Olivia | 11 | James W. Rob | 4-10.00 | |
| 10 Richardson, Grace | 12 | Lake Braddoc | 4-08.00 | |
| 11 Huynh, Nali | 12 | Thomas Jeffe | 4-08.00 | |
| 12 Dougherty, Kylie | FR | Chantilly | 4-08.00 | |
| 13 Re, Nicole | SR | Chantilly | 4-06.00 | |
| 14 Ford, Emma A | 9 | George C. Ma | 4-06.00 | |
| 15 Raatz, Samantha | 10 | Lake Braddoc | 4-06.00 | |
| 16 Becker, Nicola J | 9 | George C. Ma | 4-06.00 | |
| 17 Voegtlin, Emily | 11 | Lake Braddoc | 4-06.00 | |
| 18 Foster, Amina | 9 | Riverside Hi | 4-04.00 | |
| 19 Berliner, Sarah K | 9 | George C. Ma | 4-04.00 | |
| 20 Green, Makayla | 11 | West Springf | 4-04.00 | |
| 21 Goldkopf, Emma | 9 | West Springf | 4-04.00 | |

Event 2 Boys High Jump Varsity

| Name | Yr | School | Seed | Mark |
|----------------------------|----------|---------------------|----------------|------|
| 1 McCandless, Derek | 12 | Loudoun Coun | 6-06.50 | |
| 2 Steadley, Ben | 12 | James W. Rob | 6-04.00 | |
| 3 Moody, Prince | 12 | West Springf | 6-04.00 | |
| 4 McAllister, Luke | 11 | Loudoun Coun | 6-00.00 | |
| 5 Nwaolu, Ike | 12 | James W. Rob | 5-10.00 | |
| 6 Harrison, Dazon | 12 | Annandale | 5-08.00 | |
| 7 Geter, Keith | 12 | West Springf | 5-06.00 | |
| 8 Elhag, Ayman | 12 | Annandale | 5-06.00 | |
| 9 Shapiro, Will | 12 | South Lakes | 5-04.00 | |
| 10 Mangan, Liam | 10 | Loudoun Coun | 5-04.00 | |
| 11 Boehlert, Ryan | SO | Chantilly | 5-04.00 | |
| 12 McKenna, Phillip | 11 | Riverside Hi | 5-04.00 | |
| 13 Grace, Ethan S | 9 | George C. Ma | 5-04.00 | |
| 14 Lehaney, Maximus | 11 | Annandale | 5-04.00 | |
| 15 Niles, Zach | 11 | Lake Braddoc | 5-02.00 | |
| 16 Raatz, Mason | 10 | Lake Braddoc | 5-02.00 | |
| 17 Fuller, Casey | 10 | Riverside Hi | 5-02.00 | |
| 18 James, Maximus | FR | Chantilly | 5-02.00 | |
| 19 Davenport, Trosoadas | SO | Chantilly | 5-02.00 | |
| 20 Shaw, Zach | 11 | James Madiso | 5-00.00 | |
| 21 Dalmida, Alexander | 11 | Lake Braddoc | 5-00.00 | |
| 22 Blevins, Sean | 10 | James Madiso | 5-00.00 | |
| 23 Lewis, Spencer D | 9 | George C. Ma | 5-00.00 | |

Event 3 Girls Pole Vault Varsity

| Name | Yr | School | Seed | Mark |
|--------------------|----|--------------|---------|------|
| 1 Luteran, Rachel | 11 | James W. Rob | 9-09.00 | |
| 2 Quiachon, Lillie | 10 | James W. Rob | 9-03.00 | |
| 3 DiBiase, Amelia | 10 | South Lakes | 9-00.00 | |

| | | | | |
|-----------------------|----|--------------|---------|--|
| 4 Huckabee, Isabela | 12 | Thomas Jeffe | 9-00.00 | |
| 5 Spangler, Jenna | 10 | James W. Rob | 9-00.00 | |
| 6 Morse, Miriam | 11 | Thomas Jeffe | 8-00.00 | |
| 7 Gallotta, Caroline | 9 | Lake Braddoc | 7-06.00 | |
| 8 Aronhime, Caroline | JR | Chantilly | 7-06.00 | |
| 9 Boybeyi, Selin | 12 | South Lakes | 7-06.00 | |
| 10 Elsis, Cecilia | 9 | West Springf | 7-00.00 | |
| 11 Davis, Elsa | 9 | Lake Braddoc | 7-00.00 | |
| 12 Rothrock, Emily | 10 | James Madiso | 7-00.00 | |
| 13 Pequignet, Jade | 12 | South Lakes | 6-09.00 | |
| 14 Stephens, Danielle | 10 | James Madiso | 6-06.00 | |
| 15 Huang, Angie | 10 | Thomas Jeffe | 6-06.00 | |
| 16 Gunn, Rachael | SR | Chantilly | 6-00.00 | |
| 17 Yoon, Sarah | FR | Chantilly | 6-00.00 | |

Event 4 Boys Pole Vault Varsity

| Name | Yr | School | Seed | Mark |
|-----------------------|----|--------------|----------|------|
| 1 Luu, Jonathan | 12 | South Lakes | 12-09.00 | |
| 2 Levy-Myers, Asher | 12 | South Lakes | 12-06.00 | |
| 3 Huang, Wenxi | 12 | Thomas Jeffe | 12-00.00 | |
| 4 Reed, Hunter | 11 | James W. Rob | 11-09.00 | |
| 5 Han, Justin | 11 | Thomas Jeffe | 11-03.00 | |
| 6 Allison, Thomas | 10 | South Lakes | 11-03.00 | |
| 7 Das, Jo | 9 | Thomas Jeffe | 11-00.00 | |
| 8 Saadat, Arman | 12 | James Madiso | 10-06.00 | |
| 9 Fitzhugh, Samuel | SO | Chantilly | 10-00.00 | |
| 10 Charecky, Michael | 11 | West Springf | 10-00.00 | |
| 11 McAvoy, Andrew | 10 | Lake Braddoc | 9-09.00 | |
| 12 Simmons, Gabe | 11 | South Lakes | 9-09.00 | |
| 13 Reimann, Jake | 10 | James Madiso | 9-06.00 | |
| 14 Hogan, Glenn | JR | Chantilly | 9-00.00 | |
| 15 Beaudoin, Kieran | 11 | Lake Braddoc | 9-00.00 | |
| 16 Beene, Kyle | JR | Chantilly | 9-00.00 | |
| 17 Demboski, Jacob | 12 | Lake Braddoc | 9-00.00 | |
| 18 Jala-Guinto, Caleb | 10 | James W. Rob | 8-06.00 | |
| 19 Florence, Reid | 12 | James W. Rob | 8-06.00 | |
| 20 Groves, Gray | 9 | James Madiso | NH | |

Event 5 Girls Long Jump Varsity

| Name | Yr | School | Seed | Mark |
|-----------------------|----|--------------|----------|------|
| 1 Sherman, Georgia | 10 | James W. Rob | 18-03.25 | |
| 2 Myrthil, Teresa | 11 | James W. Rob | 17-09.50 | |
| 3 Yao Ahouefa, Siby | 11 | Riverside Hi | 16-05.25 | |
| 4 Ramey, Abigail | 12 | James Madiso | 16-04.00 | |
| 5 Ofosu-Davis, Nyera | 12 | West Springf | 16-00.00 | |
| 6 Luteran, Rachel | 11 | James W. Rob | 15-10.00 | |
| 7 Chen, Jessica | 11 | Thomas Jeffe | 15-09.00 | |
| 8 Eaton, Amaya | SR | Chantilly | 15-08.50 | |
| 9 Napolitano, Katya | 10 | Lake Braddoc | 15-03.00 | |
| 10 Allamby, Josephine | SR | Chantilly | 15-02.25 | |
| 11 Barley, Karsen | 10 | Riverside Hi | 15-01.00 | |
| 12 Daniels, Michala | 9 | Lake Braddoc | 15-00.00 | |
| 13 Lawrence, Malissa | 10 | West Springf | 14-07.75 | |
| 14 Argueta, Natalie | 9 | Riverside Hi | 14-06.75 | |
| 15 Jones, Claire | JR | Chantilly | 14-05.00 | |
| 16 Belfort, Heather | 10 | Lake Braddoc | 13-10.50 | |

Nike Spring Invitational - 5/4/2019
South Lakes High School
Performance List

Event 5 ... (Girls Long Jump Varsity)

| Name | Yr | School | Seed | Mark |
|------|------------------------|-----------------|------|----------|
| 17 | Molualisi, Lesly | 11 Loudoun Coun | | 13-10.00 |
| 18 | Peterson, Elizabeth | 11 Loudoun Coun | | 13-07.25 |
| 19 | Berliner, Sarah K | 9 George C. Ma | | 13-05.50 |
| 20 | Jones-Suggs, Makayla R | 10 George C. Ma | | 13-05.00 |
| 21 | Robinson, Katherine G | 10 George C. Ma | | 13-01.00 |
| 22 | Tran, Erin | 9 Thomas Jeffe | | 11-10.00 |
| 23 | Kargbo, Fauzah | 10 Annandale | | ND |
| 24 | Poe, Taylor | 10 Annandale | | ND |

Event 6 Boys Long Jump Varsity

| Name | Yr | School | Seed | Mark |
|------|---------------------|-----------------|------|----------|
| 1 | King, Chares | 11 Riverside Hi | | 21-11.00 |
| 2 | Daniels, Jailan | 12 Lake Braddoc | | 21-00.50 |
| 3 | Seals, Steven | 12 West Springf | | 20-07.25 |
| 4 | McAllister, Luke | 11 Loudoun Coun | | 20-05.00 |
| 5 | Harrison, Dazon | 12 Annandale | | 19-10.75 |
| 6 | Nwaolu, Ike | 12 James W. Rob | | 19-10.00 |
| 7 | Anderson, Matt | 11 Loudoun Coun | | 19-07.00 |
| 8 | Moody, Miles | 12 Riverside Hi | | 19-05.00 |
| 9 | Mach, Chase | 9 James W. Rob | | 19-00.75 |
| 10 | Davenport, Trosodas | SO Chantilly | | 19-00.00 |
| 11 | Charecky, Michael | 11 West Springf | | 19-00.00 |
| 12 | Jan, Sherzoy | 11 Thomas Jeffe | | 18-11.00 |
| 13 | Laatour, Robert | 10 Annandale | | 18-10.25 |
| 14 | Daniel, Nahom | 12 Lake Braddoc | | 18-09.25 |
| 15 | Pifel, Joe | 9 Riverside Hi | | 18-07.50 |
| 16 | Boyle, Zach | 10 Lake Braddoc | | 18-06.75 |
| 17 | Davies, Ethan | 10 West Springf | | 18-06.00 |
| 18 | Wright, Michael | 12 James Madiso | | 18-04.75 |
| 19 | Milian, Jonathan | 9 Annandale | | 17-10.50 |
| 20 | Fitzhugh, Samuel | SO Chantilly | | 17-05.25 |
| 21 | Park, Ian | 9 Thomas Jeffe | | 16-11.75 |
| 22 | Sullivan, Colin | 9 James Madiso | | 16-09.50 |
| 23 | Clark, Caden | 10 Lake Braddoc | | 16-08.00 |
| 24 | Crosby, Jayden | FR Chantilly | | 15-09.25 |
| 25 | Morgan, Eric | 11 James Madiso | | 15-07.50 |
| 26 | Lewis, Spencer D | 9 George C. Ma | | 15-00.00 |
| 27 | Grace, Ethan S | 9 George C. Ma | | 14-10.00 |
| 28 | Tryon, Wilson W | 11 George C. Ma | | ND |

Event 7 Girls Triple Jump Varsity

| Name | Yr | School | Seed | Mark |
|------|--------------------|-----------------|------|----------|
| 1 | Hopkins, Daeja | 12 James W. Rob | | 35-11.00 |
| 2 | Belfort, Heather | 10 Lake Braddoc | | 34-08.75 |
| 3 | Napolitano, Katya | 10 Lake Braddoc | | 34-07.50 |
| 4 | Eaton, Amaya | SR Chantilly | | 34-07.00 |
| 5 | Daniels, Michala | 9 Lake Braddoc | | 33-04.50 |
| 6 | Allamby, Josephine | SR Chantilly | | 31-10.00 |
| 7 | Poe, Taylor | 10 Annandale | | 31-10.00 |
| 8 | Yao Ahouefa, Siby | 11 Riverside Hi | | 31-08.50 |
| 9 | Dia, Khadi | 10 James W. Rob | | 31-06.00 |
| 10 | Argueta, Natalie | 9 Riverside Hi | | 31-05.00 |
| 11 | Messner, Erin | 12 Loudoun Coun | | 30-07.50 |
| 12 | Osman, Hadeeyah | 9 Riverside Hi | | 30-07.00 |

| | | | | |
|----|-------------------------|-----------------|--|----------|
| 13 | Manise, Genevieve E | 9 George C. Ma | | 30-04.50 |
| 14 | Barbero, Marissa | JR Chantilly | | 30-00.75 |
| 15 | Capuano-Rizzo, Teresa L | 10 George C. Ma | | 26-00.50 |
| 16 | Reback, Katherine A | 10 George C. Ma | | 25-10.50 |
| 17 | Wooding, Ania | 10 Annandale | | 24-00.00 |
| 18 | Ramos, Kianna | 9 Annandale | | 24-00.00 |

Event 8 Boys Triple Jump Varsity

| Name | Yr | School | Seed | Mark |
|------|---------------------------|-----------------|------|----------|
| 1 | Daniels, Jailan | 12 Lake Braddoc | | 44-07.00 |
| 2 | Daniel, Nahom | 12 Lake Braddoc | | 43-00.25 |
| 3 | Moody, Miles | 12 Riverside Hi | | 42-04.25 |
| 4 | Morgan, Eric | 11 James Madiso | | 41-04.50 |
| 5 | McCandless, Derek | 12 Loudoun Coun | | 40-11.00 |
| 6 | Boyle, Zach | 10 Lake Braddoc | | 40-04.75 |
| 7 | Brown, Davonte | SR Chantilly | | 40-04.75 |
| 8 | Laatour, Robert | 10 Annandale | | 40-00.50 |
| 9 | Ezumah, K.C. Chukwuemerie | 12 Riverside Hi | | 39-07.25 |
| 10 | Jan, Sherzoy | 11 Thomas Jeffe | | 38-01.50 |
| 11 | Kruger, Kelly | 12 West Springf | | 37-11.75 |
| 12 | Nwaolu, Ike | 12 James W. Rob | | 37-11.50 |
| 13 | Fitzhugh, Samuel | SO Chantilly | | 37-09.00 |
| 14 | Charecky, Michael | 11 West Springf | | 37-05.25 |
| 15 | Clark, Caden | 10 Lake Braddoc | | 37-02.00 |
| 16 | Sullivan, Colin | 9 James Madiso | | 36-01.50 |
| 17 | Pifel, Joe | 9 Riverside Hi | | 36-01.25 |
| 18 | Hamlett, Benjamin | 9 South Lakes | | 35-08.00 |
| 19 | Lewis, Spencer D | 9 George C. Ma | | 34-09.75 |
| 20 | Uncles, Andrew | SR Chantilly | | 33-08.75 |
| 21 | Lehaney, Maximus | 11 Annandale | | 32-00.00 |
| 22 | Moyes, Kiefer J | 9 George C. Ma | | 29-04.50 |
| 23 | Elkaki, Ibrahim | 10 Annandale | | 28-00.00 |

Event 9 Girls Discus Throw Varsity

| Name | Yr | School | Seed | Mark |
|------|-------------------|-----------------|------|--------|
| 1 | Womble, Olivia | 11 James W. Rob | | 105-00 |
| 2 | Wan, Annaliese | 12 George C. Ma | | 101-07 |
| 3 | Sanchez, Lorena | 12 Loudoun Coun | | 99-01 |
| 4 | Fay, Kori | 12 James W. Rob | | 97-04 |
| 5 | Huckabee, Isabela | 12 Thomas Jeffe | | 88-08 |
| 6 | Kang, Esther | 12 Lake Braddoc | | 85-07 |
| 7 | Ceynowa, Alaina | 12 James Madiso | | 84-03 |
| 8 | Soderborg, Maggie | 12 James W. Rob | | 84-00 |
| 9 | Sharman, Molly | 12 West Springf | | 83-04 |
| 10 | Shawish, Emily | 11 Annandale | | 82-09 |
| 11 | Chambers, Rosalie | 9 Thomas Jeffe | | 82-06 |
| 12 | Fish, Sydney | SO Chantilly | | 81-11 |
| 13 | Stuart, Delaney E | 12 George C. Ma | | 79-01 |
| 14 | Morse, Miriam | 11 Thomas Jeffe | | 78-10 |
| 15 | Matthews, Beth | 11 South Lakes | | 77-07 |
| 16 | Salmans, Clara | 10 West Springf | | 77-07 |
| 17 | Baluch, Sahar | 12 Lake Braddoc | | 76-02 |
| 18 | Brown, Sarah Jane | 11 South Lakes | | 73-04 |
| 19 | Ashby, Charlotte | SO Chantilly | | 73-00 |
| 20 | Albert, Isabella | 10 Loudoun Coun | | 71-11 |
| 21 | Filloon, Madeline | 11 Riverside Hi | | 70-09 |

Nike Spring Invitational - 5/4/2019

South Lakes High School

Performance List

Event 9...(Girls Discus Throw Varsity)

| | Name | Yr | School | Seed | Mark |
|----|---------------------------|----|--------------|-------|-------|
| 22 | Matheny, Mackenzie | 9 | Lake Braddoc | 69-10 | _____ |
| 23 | Kim, Rae Young | 10 | George C. Ma | 69-07 | _____ |
| 24 | Morgan, Katherine | 10 | Lake Braddoc | 64-09 | _____ |
| 25 | Riso, Hannah | 9 | South Lakes | 64-02 | _____ |
| 26 | Kargbo, Alicia | 9 | Annandale | 61-05 | _____ |
| 27 | Robles-Solis, Abbie-Marie | FR | Chantilly | 60-08 | _____ |
| 28 | Fuller, Lauren | 11 | Riverside Hi | 60-01 | _____ |
| 29 | Rothrock, Ainsley | 9 | James Madiso | 44-05 | _____ |
| 30 | Baluch, Sarah | 9 | Annandale | ND | _____ |

Event 10 Boys Discus Throw Varsity

| | Name | Yr | School | Seed | Mark |
|----|-------------------------|----|--------------|----------|-------|
| 1 | Bowman, Jared | 11 | Riverside Hi | 142-01 | _____ |
| 2 | Fry, Harrison | 11 | Lake Braddoc | 135-07 | _____ |
| 3 | Miller, Caleb | 11 | South Lakes | 134-06 | _____ |
| 4 | Zartman, Matt | 12 | Loudoun Coun | 131-09 | _____ |
| 5 | Fitzpatrick, Tommy | 11 | Loudoun Coun | 128-06 | _____ |
| 6 | Zepada, Andy | 10 | Annandale | 123-05 | _____ |
| 7 | Adubi, Paul B | 12 | George C. Ma | 119-05 | _____ |
| 8 | Hilbert, Bradley | 12 | Rock Ridge H | 116-09 | _____ |
| 9 | Smith, Nathan | 12 | James W. Rob | 116-09 | _____ |
| 10 | Deem, Eli | 11 | Lake Braddoc | 115-07 | _____ |
| 11 | Florence, Logan | 12 | James W. Rob | 109-11 | _____ |
| 12 | Clark, Jason | SR | Chantilly | 109-07 | _____ |
| 13 | Unger, Douglas | 11 | Riverside Hi | 108-11 | _____ |
| 14 | Kim, Alex | 11 | Riverside Hi | 108-09 | _____ |
| 15 | Rogers, Bryan | SO | Chantilly | 107-05 | _____ |
| 16 | Lister, Jon | 12 | South Lakes | 106-09 | _____ |
| 17 | Gatti, Alessandro | 11 | George C. Ma | 105-02 | _____ |
| 18 | Frantz, Ethan | 12 | James W. Rob | 105-00 | _____ |
| 19 | Thorne, Andrew | 10 | Loudoun Coun | 104-11 | _____ |
| 20 | Almquist, Ryan | 12 | James Madiso | 102-06 | _____ |
| 21 | Belkayat, Zak | 11 | Annandale | 98-08 | _____ |
| 22 | Godin, David | 12 | Thomas Jeffe | 97-07 | _____ |
| 23 | Duellman, Michael | 11 | Rock Ridge H | 97-04 | _____ |
| 24 | Bordovsky, Nick | 9 | South Lakes | 95-01 | _____ |
| 25 | Moreno, Denilson | JR | Chantilly | 94-08 | _____ |
| 26 | Sorto-Argueta, Javier I | 10 | George C. Ma | 90-10 | _____ |
| 27 | Semelfort, Immanuel | 12 | South Lakes | 90-00 | _____ |
| 28 | Iduma, Michael | 10 | Lake Braddoc | 89-11 | _____ |
| 29 | Shah, Naman | 12 | Thomas Jeffe | 87-02.50 | _____ |
| 30 | Charest, Ryan | 11 | Annandale | 85-00 | _____ |
| 31 | Lloyd, Brody | 12 | South Lakes | 84-09 | _____ |
| 32 | Black, Ian | 10 | James Madiso | 83-01 | _____ |
| 33 | Nguyen, Anthony | 10 | James Madiso | 80-03 | _____ |
| 34 | Harrison, Gregory | 12 | Thomas Jeffe | 80-02 | _____ |
| 35 | Beaudoin, Kieran | 11 | Lake Braddoc | 80-00 | _____ |

Event 11 Girls Shot Put Varsity

| | Name | Yr | School | Seed | Mark |
|---|-------------------|----|--------------|----------|-------|
| 1 | Sharman, Molly | 12 | West Springf | 38-07.00 | _____ |
| 2 | Stuart, Delaney E | 12 | George C. Ma | 37-11.00 | _____ |
| 3 | Ceynowa, Alaina | 12 | James Madiso | 34-09.00 | _____ |
| 4 | Fay, Kori | 12 | James W. Rob | 34-07.25 | _____ |

| | | | | | |
|----|------------------------|----|--------------|----------|-------|
| 5 | Brown, Sarah Jane | 11 | South Lakes | 31-04.25 | _____ |
| 6 | Cooper, Emera | SO | Chantilly | 30-00.00 | _____ |
| 7 | Rogers, Brianna | SR | Chantilly | 29-11.00 | _____ |
| 8 | Pounder, Sarah M | 10 | George C. Ma | 29-06.00 | _____ |
| 9 | Soderborg, Maggie | 12 | James W. Rob | 29-03.00 | _____ |
| 10 | Shawish, Emily | 11 | Annandale | 28-08.25 | _____ |
| 11 | Kang, Esther | 12 | Lake Braddoc | 27-11.00 | _____ |
| 12 | Salmons, Clara | 10 | West Springf | 27-09.00 | _____ |
| 13 | Matthews, Beth | 11 | South Lakes | 27-06.00 | _____ |
| 14 | Matheny, Mackenzie | 9 | Lake Braddoc | 26-05.75 | _____ |
| 15 | Chambers, Rosalie | 9 | Thomas Jeffe | 26-05.50 | _____ |
| 16 | Fish, Sydney | SO | Chantilly | 26-05.00 | _____ |
| 17 | Morse, Miriam | 11 | Thomas Jeffe | 26-04.75 | _____ |
| 18 | Baluch, Sahar | 12 | Lake Braddoc | 26-04.50 | _____ |
| 19 | Baluch, Sarah | 9 | Annandale | 26-04.00 | _____ |
| 20 | Wan, Annaliese | 12 | George C. Ma | 26-02.50 | _____ |
| 21 | Sanchez, Lorena | 12 | Loudoun Coun | 25-10.50 | _____ |
| 22 | Martin-Harris, Sakaiya | 11 | West Springf | 25-08.00 | _____ |
| 23 | Albert, Isabella | 10 | Loudoun Coun | 25-02.50 | _____ |
| 24 | Kargbo, Alicia | 9 | Annandale | 25-00.00 | _____ |
| 25 | Morgan, Katherine | 10 | Lake Braddoc | 23-08.75 | _____ |
| 26 | Riso, Hannah | 9 | South Lakes | 21-00.00 | _____ |
| 27 | Rothrock, Ainsley | 9 | James Madiso | 18-01.00 | _____ |
| 28 | Roane, Tianna | 10 | Riverside Hi | ND | _____ |

Event 12 Boys Shot Put Varsity

| | Name | Yr | School | Seed | Mark |
|----|----------------------|----|--------------|----------|-------|
| 1 | Miller, Caleb | 11 | South Lakes | 49-09.50 | _____ |
| 2 | Bowman, Jared | 11 | Riverside Hi | 48-04.00 | _____ |
| 3 | Gatti, Alessandro | 11 | George C. Ma | 47-07.00 | _____ |
| 4 | Zepada, Andy | 10 | Annandale | 45-00.00 | _____ |
| 5 | Lear, William | 12 | Rock Ridge H | 44-06.75 | _____ |
| 6 | Rogers, Bryan | SO | Chantilly | 42-10.00 | _____ |
| 7 | Park, Edwin | 11 | Rock Ridge H | 42-06.50 | _____ |
| 8 | Zartman, Matt | 12 | Loudoun Coun | 42-05.25 | _____ |
| 9 | Deem, Eli | 11 | Lake Braddoc | 42-04.50 | _____ |
| 10 | Madaj, Jack | SR | Chantilly | 41-08.75 | _____ |
| 11 | Almquist, Ryan | 12 | James Madiso | 41-01.00 | _____ |
| 12 | Clark, Jason | SR | Chantilly | 40-09.00 | _____ |
| 13 | Trimmer, Aidan | 11 | Riverside Hi | 40-06.00 | _____ |
| 14 | Thorne, Andrew | 10 | Loudoun Coun | 40-06.00 | _____ |
| 15 | Adubi, Paul B | 12 | George C. Ma | 40-06.00 | _____ |
| 16 | Smith, Nathan | 12 | James W. Rob | 40-05.00 | _____ |
| 17 | Jackson-o'mary, Noah | 11 | James W. Rob | 40-00.00 | _____ |
| 18 | Semelfort, Immanuel | 12 | South Lakes | 39-05.00 | _____ |
| 19 | Cole, Nathan | 11 | James W. Rob | 39-04.00 | _____ |
| 20 | Lister, Jon | 12 | South Lakes | 39-02.00 | _____ |
| 21 | Fry, Harrison | 11 | Lake Braddoc | 38-04.00 | _____ |
| 22 | Taterway, Nalin | 10 | Loudoun Coun | 38-00.50 | _____ |
| 23 | Brightwell, Kirk | 12 | Riverside Hi | 37-09.75 | _____ |
| 24 | Iduma, Michael | 10 | Lake Braddoc | 37-09.50 | _____ |
| 25 | Beaudoin, Kieran | 11 | Lake Braddoc | 37-00.00 | _____ |
| 26 | Belkayat, Zak | 11 | Annandale | 36-08.00 | _____ |
| 27 | Cloud, Nick | 10 | James Madiso | 36-07.00 | _____ |
| 28 | St. Thomas, Kurtis | 12 | West Springf | 35-07.00 | _____ |
| 29 | Stephenson, Brooks | 11 | West Springf | 35-05.00 | _____ |

Nike Spring Invitational - 5/4/2019
South Lakes High School
Performance List

Event 12 ... (Boys Shot Put Varsity)

| | Name | Yr | School | Seed | Mark |
|----|-----------------------------|-----------|---------------------|-----------------|------|
| 30 | Charest, Ryan | 11 | Annandale | 34-11.50 | |
| 31 | Amosah, Yaw | 10 | South Lakes | 34-01.00 | |
| 32 | Harrison, Gregory | 12 | Thomas Jeffe | 32-02.50 | |
| 33 | Pottenger, Nicolas M | 10 | George C. Ma | 30-04.00 | |
| 34 | Liang, Derrick | 11 | Thomas Jeffe | 30-01.00 | |
| 35 | Nguyen, Anthony | 10 | James Madiso | 29-05.00 | |

Event 13 Girls 100 Meter Hurdles Varsity

| | Name | Yr | School | Seed | Time |
|----|--------------------------|-----------|---------------------|--------------|------|
| 1 | Soumahro, Jenay | JR | Chantilly | 15.86 | |
| 2 | Williams, Kristen | 12 | South Lakes | 16.15 | |
| 3 | Topchy, Annika | 9 | Thomas Jeffe | 16.16 | |
| 4 | Womble, Olivia | 11 | James W. Rob | 16.55 | |
| 5 | Campbell, Kayla | 11 | Annandale | 16.58 | |
| 6 | Ramey, Abigail | 12 | James Madiso | 16.61 | |
| 7 | Post, Nicole | 12 | South Lakes | 16.63 | |
| 8 | Lanser, Juliette | 12 | West Springf | 17.07 | |
| 9 | Eaton, Amaya | SR | Chantilly | 17.29 | |
| 10 | Huynh, Nali | 12 | Thomas Jeffe | 17.35 | |
| 11 | Messner, Erin | 12 | Loudoun Coun | 17.40 | |
| 12 | Barbero, Marissa | JR | Chantilly | 17.54 | |
| 13 | Pardo, Alana | 12 | South Lakes | 17.54 | |
| 14 | Green, Makayla | 11 | West Springf | 18.05 | |
| 15 | Raatz, Samantha | 10 | Lake Braddoc | 18.25 | |
| 16 | Peet-hall, Nikiaha | 11 | James W. Rob | 18.28 | |
| 17 | Sanders, Noelle | 11 | Loudoun Coun | 18.30 | |
| 18 | Tarutani, Avery L | 9 | George C. Ma | 18.61 | |
| 19 | Endersbee, Lauren | 12 | Riverside Hi | 18.61 | |
| 20 | Harris, Trinity | 11 | Riverside Hi | 18.97 | |
| 21 | Tadlock, Sarah M | 12 | George C. Ma | 19.03 | |
| 22 | Montgomery, Solenne | 10 | West Springf | 19.13 | |
| 23 | Davis, Alexis | 10 | Riverside Hi | 19.52 | |
| 24 | Huh, Jillian | 9 | Lake Braddoc | 19.69 | |
| 25 | Seamans, Abigail | 10 | Lake Braddoc | 19.83 | |
| 26 | Steele, Jocelyn | 10 | James Madiso | 20.57 | |
| 27 | Wilcock, Daniella | 9 | James Madiso | 21.76 | |
| 28 | Acharya, Prajakta | 10 | George C. Ma | 22.05 | |

Event 14 Boys 110 Meter Hurdles Varsity

| | Name | Yr | School | Seed | Time |
|----|----------------------|-----------|---------------------|--------------|------|
| 1 | Lavallee, Graydon | 11 | Lake Braddoc | 15.11 | |
| 2 | Chambers, Isaac | 12 | James W. Rob | 16.14 | |
| 3 | Cheng, Joshua | 12 | Lake Braddoc | 16.30 | |
| 4 | Parrott-Reid, Austin | 10 | Lake Braddoc | 16.33 | |
| 5 | O'Reilly, Tyler | JR | Chantilly | 16.34 | |
| 6 | Gordon, Brad | 11 | West Springf | 16.53 | |
| 7 | Watson, William | 9 | South Lakes | 16.75 | |
| 8 | Reed, Hunter | 11 | James W. Rob | 16.85 | |
| 9 | Haigood, Tysean | 10 | West Springf | 16.96 | |
| 10 | Saleem, Rehan | 11 | Riverside Hi | 17.07 | |
| 11 | St. Thomas, Kurtis | 12 | West Springf | 17.34 | |
| 12 | Desta, Simon | 11 | West Springf | 17.34 | |
| 13 | Watts, Liam B | 11 | George C. Ma | 17.36 | |
| 14 | Boucher, Dylan | JR | Chantilly | 17.62 | |

| | | | | | |
|----|----------------------|----|--------------|-------|--|
| 15 | Bennett, Ryan | 11 | Riverside Hi | 17.64 | |
| 16 | Kurtu, Hussen | 11 | South Lakes | 17.79 | |
| 17 | Thanigai, Athilesh | 12 | Thomas Jeffe | 17.87 | |
| 18 | Fitzhugh, Samuel | SO | Chantilly | 17.90 | |
| 19 | McKenna, Phillip | 11 | Riverside Hi | 17.91 | |
| 20 | Bower, Ethan | 9 | South Lakes | 18.12 | |
| 21 | Ruszkowski, Nicholas | 12 | James Madiso | 18.54 | |
| 22 | Collazo, Adam | 10 | James Madiso | 18.67 | |
| 23 | Abu-bader, Samer | 10 | James W. Rob | 19.44 | |
| 24 | Grover, Alex | 9 | South Lakes | 19.48 | |

Event 15 Girls 100 Meter Dash Varsity

| | Name | Yr | School | Seed | Time |
|----|--------------------------------|-----------|---------------------|--------------|------|
| 1 | Konadu, Rhema | 11 | South Lakes | 12.80 | |
| 2 | Clark, Laila | 10 | James W. Rob | 12.80 | |
| 3 | Myrthil, Teresa | 11 | James W. Rob | 12.90 | |
| 4 | Ofosu-Davis, Nyera | 12 | West Springf | 12.94 | |
| 5 | Sherman, Georgia | 10 | James W. Rob | 13.04 | |
| 6 | Sharman, Molly | 12 | West Springf | 13.04 | |
| 7 | Jones-Suggs, Makayla R | 10 | George C. Ma | 13.18 | |
| 8 | Yao Ahouefa, Siby | 11 | Riverside Hi | 13.19 | |
| 9 | Bass, Yukorah | 10 | Riverside Hi | 13.20 | |
| 10 | Acosta, Catarina | 10 | West Springf | 13.44 | |
| 11 | Van Dyke, Renee | 12 | Riverside Hi | 13.44 | |
| 12 | Allen, Kaylyn | 10 | Annandale | 13.64 | |
| 13 | Messner, Erin | 12 | Loudoun Coun | 13.86 | |
| 14 | Ding, Tammy | 10 | Thomas Jeffe | 13.93 | |
| 15 | Chen, Jessica | 11 | Thomas Jeffe | 14.03 | |
| 16 | Aronhime, Caroline | JR | Chantilly | 14.04 | |
| 17 | Washington, Alexis | 10 | Lake Braddoc | 14.18 | |
| 18 | Yang, Mia | 11 | Thomas Jeffe | 14.27 | |
| 19 | Capuano-Rizzo, Teresa L | 10 | George C. Ma | 14.42 | |
| 20 | Yadav, Pratistha | SR | Chantilly | 14.47 | |
| 21 | Robinson, Katherine G | 10 | George C. Ma | 14.47 | |
| 22 | Kaloka, Fatu | 9 | Annandale | 14.88 | |
| 23 | Berliner, Sarah K | 9 | George C. Ma | 14.94 | |
| 24 | Kargbo, Fauzah | 10 | Annandale | 15.18 | |

Event 16 Boys 100 Meter Dash Varsity

| | Name | Yr | School | Seed | Time |
|----|-----------------------|----|--------------|-------|------|
| 1 | Cooley, Jackson | 11 | South Lakes | 11.03 | |
| 2 | Kitila, Franco | 12 | Annandale | 11.29 | |
| 3 | King, Chares | 11 | Riverside Hi | 11.40 | |
| 4 | Hu, Brian | 11 | Thomas Jeffe | 11.41 | |
| 5 | Jan, Sherzoy | 11 | Thomas Jeffe | 11.47 | |
| 6 | Harrison, Dazon | 12 | Annandale | 11.48 | |
| 7 | Le, Namkhang | JR | Chantilly | 11.57 | |
| 8 | Selman, jack | 11 | Riverside Hi | 11.58 | |
| 9 | Ezidinma, Daniel | 12 | South Lakes | 11.60 | |
| 10 | Brown, Davonte | SR | Chantilly | 11.61 | |
| 11 | Fiobotei, Ebiobowei | 10 | South Lakes | 11.65 | |
| 12 | Wright, Michael | 12 | James Madiso | 11.66 | |
| 13 | Betancourt, Christian | 10 | James W. Rob | 11.67 | |
| 14 | Stephenson, Brooks | 11 | West Springf | 11.69 | |
| 15 | Finney, John | 12 | James Madiso | 11.69 | |
| 16 | Mundie, sean | 11 | Riverside Hi | 11.72 | |

**Nike Spring Invitational - 5/4/2019
South Lakes High School
Performance List**

Event 16 ... (Boys 100 Meter Dash Varsity)

| Name | Yr | School | Seed Time |
|----------------------------|-----------|---------------------|--------------|
| 17 Haworth, Charles Javier | 11 | West Springf | 11.72 |
| 18 Williams, Russian | 11 | James W. Rob | 11.73 |
| 19 Mosley, Ruben | 11 | West Springf | 11.84 |
| 20 Charecky, Michael | 11 | West Springf | 11.84 |
| 21 Kwabi-Addo, David | 10 | Thomas Jeffe | 11.85 |
| 22 Tryon, Wilson W | 11 | George C. Ma | 11.89 |
| 23 Payne, Ian | 9 | Lake Braddoc | 11.89 |
| 24 Aldridge, Aaron | SO | Chantilly | 11.94 |
| 25 Seo, HyunWoong | 11 | James W. Rob | 12.04 |
| 26 Tirona, Branden | 11 | South Lakes | 12.26 |
| 27 Nayfeh, Omar | 10 | George C. Ma | 12.35 |
| 28 Qureshi, Aamir Z | 10 | George C. Ma | 12.43 |
| 29 Lehaney, Maximus | 11 | Annandale | 12.74 |

Event 17 Girls 4x100 Meter Relay Varsity

| Team | Relay | Seed Time |
|-----------------------|----------|--------------|
| 1 Chantilly | A | 48.51 |
| 2 James W. Rob | A | 49.87 |
| 3 Riverside Hi | A | 51.25 |
| 4 South Lakes | A | 51.30 |
| 5 Lake Braddoc | A | 51.80 |
| 6 Annandale | A | 52.91 |
| 7 Thomas Jeffe | A | 53.18 |
| 8 West Springf | A | 53.24 |
| 9 George C. Ma | A | 54.00 |

Event 18 Boys 4x100 Meter Relay Varsity

| Team | Relay | Seed Time |
|----------------|-------|-----------|
| 1 Chantilly | A | 42.89 |
| 2 Annandale | A | 43.64 |
| 3 West Springf | A | 44.04 |
| 4 South Lakes | A | 44.21 |
| 5 Riverside Hi | A | 44.40 |
| 6 Lake Braddoc | A | 44.55 |
| 7 Thomas Jeffe | A | 44.76 |
| 8 James Madiso | A | 44.88 |
| 9 James W. Rob | A | 45.62 |

Event 19 Girls 1600 Meter Run Varsity

| Name | Yr | School | Seed Time |
|------------------------------|----------|---------------------|----------------|
| 1 Gulgert, Isabelle | 12 | South Lakes | 5:05.82 |
| 2 Morris, Caitlyn | 11 | South Lakes | 5:10.17 |
| 3 Gordon, Ava | 9 | Rock Ridge H | 5:11.99 |
| 4 Semon, Taylor | 11 | Rock Ridge H | 5:20.21 |
| 5 Mayberry, Rachel | 11 | West Springf | 5:22.24 |
| 6 Quade, Megan | 11 | James W. Rob | 5:25.61 |
| 7 Barlow, Momiji | JR | Chantilly | 5:28.84 |
| 8 Moore, Ruby | 10 | James W. Rob | 5:31.30 |
| 9 Banga, Marissa | 11 | South Lakes | 5:34.43 |
| 10 Willis, Sophie | 10 | Lake Braddoc | 5:36.12 |
| 11 Rusinski, Caroline | 11 | James Madiso | 5:38.25 |
| 12 Grossback, Emma | 11 | South Lakes | 5:43.49 |
| 13 Maynard, Courtney | 10 | Riverside Hi | 5:43.94 |
| 14 Viskupic, Olivia R | 9 | George C. Ma | 5:50.11 |

| | | | |
|--------------------------------|-----------|---------------------|----------------|
| 15 Sturman, Kylie | 10 | Rock Ridge H | 5:50.26 |
| 16 Shannon, Natalie | 11 | James W. Rob | 5:52.33 |
| 17 Menchavez, Sarah | 11 | Riverside Hi | 5:56.49 |
| 18 Coleman, Taylor | 10 | West Springf | 5:57.24 |
| 19 Klein, Sarah | 10 | Loudoun Coun | 5:57.30 |
| 20 DonTigny, Emilie T | 10 | George C. Ma | 5:57.92 |
| 21 Haug, Jenna | FR | Chantilly | 5:58.26 |
| 22 Nicholson, Mackenzie | FR | Chantilly | 6:01.14 |
| 23 Johnson, Sarah | 11 | Riverside Hi | 6:02.94 |
| 24 Alarcon Fernandez, Gabby La | 11 | Annandale | 6:39.18 |
| 25 Mohran, Yasmin | 10 | George C. Ma | 6:40.86 |

Event 20 Boys 1600 Meter Run Varsity

| Name | Yr | School | Seed Time |
|-----------------------------|-----------|---------------------|----------------|
| 1 Mathew, Silas | 12 | James W. Rob | 4:25.26 |
| 2 Smith, Benjamin S. | 12 | George C. Ma | 4:26.51 |
| 3 Marlow, Patrick | SR | Chantilly | 4:34.08 |
| 4 Foote, Matthew | 12 | West Springf | 4:35.24 |
| 5 Monson, James | SR | Chantilly | 4:38.82 |
| 6 Comley, JJ | 10 | West Springf | 4:42.24 |
| 7 Rombach, Sean | 10 | Loudoun Coun | 4:43.34 |
| 8 Jaynes, Adam | JR | Chantilly | 4:43.61 |
| 9 Grace, Evan | 12 | Rock Ridge H | 4:44.48 |
| 10 Steele, Josh | 10 | West Springf | 4:45.04 |
| 11 Esse, Stephen | 11 | South Lakes | 4:47.88 |
| 12 Ayoub, Mousa | 10 | Annandale | 4:48.24 |
| 13 Sharkey, Sam | 11 | James W. Rob | 4:48.49 |
| 14 Sporre, Christian | 11 | Riverside Hi | 4:50.00 |
| 15 Stanley, Ethan | 11 | Thomas Jeffe | 4:51.03 |
| 16 Mehari, Abel | 9 | Annandale | 4:51.55 |
| 17 Schnizer, Christopher | 12 | James W. Rob | 4:51.66 |
| 18 Beckner, Alex | 11 | South Lakes | 4:52.08 |
| 19 Malhotra, Rayaan | 12 | Thomas Jeffe | 4:52.38 |
| 20 Ahmed, Omar | 12 | James Madiso | 4:52.41 |
| 21 Stone, Ronan | 11 | Rock Ridge H | 4:52.95 |
| 22 Carney, Ryan | 12 | James Madiso | 4:55.55 |
| 23 Hutchins, Solomon | 10 | James Madiso | 4:58.56 |
| 24 Skeen, Benjamin | 10 | Rock Ridge H | 4:59.89 |
| 25 Barley, Griffin | 11 | Riverside Hi | 5:00.65 |
| 26 Perry, Andrew | JR | Chantilly | 5:01.25 |
| 27 DiPerna, Vincent | 12 | Annandale | 5:04.73 |
| 28 Sweeney, Thomas P | 11 | George C. Ma | 5:05.92 |
| 29 Schmid, Spencer T | 10 | George C. Ma | 5:09.90 |
| 30 Nester, Henry | 11 | Thomas Jeffe | 5:12.05 |
| 31 Henriques, Noah | 10 | Riverside Hi | 5:14.99 |

Event 21 Girls 400 Meter Dash Varsity

| Name | Yr | School | Seed Time |
|-----------------------------|-----------|---------------------|----------------|
| 1 Gregory, Mary | 11 | South Lakes | 54.91 |
| 2 Waller, Hannah | 11 | South Lakes | 55.46 |
| 3 Mullings, Juviannadean | 10 | South Lakes | 57.00 |
| 4 Griffin, Nia | 11 | West Springf | 59.84 |
| 5 Epstein, Elizabeth | 10 | George C. Ma | 1:00.46 |
| 6 Hughes, Rylie B | 9 | George C. Ma | 1:00.75 |
| 7 Richardson, Neleah | 11 | West Springf | 1:02.24 |
| 8 Molualisi, Lesly | 11 | Loudoun Coun | 1:02.48 |

Nike Spring Invitational - 5/4/2019
South Lakes High School
Performance List

Event 21 ... (Girls 400 Meter Dash Varsity)

| Name | Yr | School | Seed Time |
|-----------------------------|----------|---------------------|----------------|
| 9 Paul, Grace | 12 | Loudoun Coun | 1:02.58 |
| 10 Lazard, Kelsey | 11 | Annandale | 1:02.67 |
| 11 Bell, Brinley | 11 | Loudoun Coun | 1:02.97 |
| 12 Yenyoo, Casey | 12 | West Springf | 1:03.84 |
| 13 Metress, Lily | 10 | Lake Braddoc | 1:04.74 |
| 14 Griffith, Gabrielle | 9 | Annandale | 1:05.41 |
| 15 Lawal, Khadejat | 11 | James W. Rob | 1:05.51 |
| 16 Fieser, Amelie | 11 | Riverside Hi | 1:05.58 |
| 17 Tran, Erin | 9 | Thomas Jeffe | 1:08.04 |
| 18 Baxter-Varela, Kaitlin | 9 | Rock Ridge H | 1:08.25 |
| 19 Webb, Danielle | 9 | Riverside Hi | 1:09.65 |
| 20 Baranowsky, Erin | 9 | James Madiso | 1:09.94 |
| 21 Stefanuik, Natalie | 9 | Riverside Hi | 1:10.66 |
| 22 Rothrock, Emily | 10 | James Madiso | 1:10.98 |
| 23 Berliner, Sarah K | 9 | George C. Ma | 1:11.82 |

Event 22 Boys 400 Meter Dash Varsity

| Name | Yr | School | Seed Time |
|-----------------------------|-----------|---------------------|--------------|
| 1 Kendrat, Luke | 12 | Loudoun Coun | 50.31 |
| 2 Elhag, Ayman | 12 | Annandale | 51.25 |
| 3 Spring, Perry | 12 | Lake Braddoc | 51.32 |
| 4 Freese, Asher | 12 | Loudoun Coun | 51.69 |
| 5 Asady, Arthur | 12 | Lake Braddoc | 52.05 |
| 6 Zirkel, Jonathan | 12 | Lake Braddoc | 52.83 |
| 7 Sarnovsky, Adam | 10 | George C. Ma | 52.89 |
| 8 Marlin, Kaden | 12 | James W. Rob | 52.91 |
| 9 Ardale, Hayden | 11 | West Springf | 52.94 |
| 10 Miller, Jakob | 10 | West Springf | 53.45 |
| 11 Gregory, Joshua | 9 | South Lakes | 53.48 |
| 12 Crosby, Jayden | FR | Chantilly | 54.18 |
| 13 Sessions, Lewe | 10 | Riverside Hi | 54.23 |
| 14 Barreto, Alex | 10 | James W. Rob | 54.27 |
| 15 Jacobsen, Ian | 10 | James W. Rob | 54.41 |
| 16 Sanchez, Soliz | 10 | Lake Braddoc | 54.71 |
| 17 Bollman, Jakob | 11 | Riverside Hi | 54.72 |
| 18 Davies, Ethan | 10 | West Springf | 55.00 |
| 19 DePalma, Timothy | FR | Chantilly | 55.06 |
| 20 Hanks, Hunter | 9 | West Springf | 55.24 |
| 21 Kunzswiler, James | 12 | Riverside Hi | 55.37 |
| 22 Howard, Evan | 11 | Thomas Jeffe | 55.56 |
| 23 Qureshi, Aamir Z | 10 | George C. Ma | 55.64 |
| 24 Breedlove, Ryan | 12 | James Madiso | 55.64 |
| 25 Ji, Curtis | 10 | Thomas Jeffe | 55.88 |
| 26 Seok, Alex | 10 | Annandale | 56.69 |
| 27 Konde, Joshua | 9 | James Madiso | 56.84 |
| 28 Amarillas, Ryan R | 10 | George C. Ma | 57.17 |
| 29 Beene, Kyle | JR | Chantilly | 57.82 |
| 30 Blanda, Chris | 10 | James Madiso | 57.85 |
| 31 Avendano, Omar | 11 | Annandale | 59.18 |
| 32 Jian, Alex | 11 | Thomas Jeffe | 1:00.20 |

Event 23 Girls 300 Meter Hurdles Varsity

| Name | Yr | School | Seed Time |
|----------------|----|-------------|-----------|
| 1 Post, Nicole | 12 | South Lakes | 45.70 |

| | | | |
|----------------------------------|-----------|---------------------|--------------|
| 2 Ramey, Abigail | 12 | James Madiso | 47.54 |
| 3 Soumahro, Jenay | JR | Chantilly | 48.61 |
| 4 Topchy, Annika | 9 | Thomas Jeffe | 48.86 |
| 5 Anderson, Lacey | 11 | James W. Rob | 49.04 |
| 6 Pardo, Alana | 12 | South Lakes | 49.06 |
| 7 Williams, Kristen | 12 | South Lakes | 49.40 |
| 8 Rodriguez, Caitlin | 10 | James W. Rob | 49.44 |
| 9 Lanser, Juliette | 12 | West Springf | 49.47 |
| 10 Halkett, Sophie | 12 | South Lakes | 49.52 |
| 11 Boybeyi, Selin | 12 | South Lakes | 49.55 |
| 12 Tarutani, Avery L | 9 | George C. Ma | 49.84 |
| 13 Jones-Suggs, Makayla R | 10 | George C. Ma | 50.37 |
| 14 Sanders, Noelle | 11 | Loudoun Coun | 50.59 |
| 15 Peet-hall, Nikiaha | 11 | James W. Rob | 50.64 |
| 16 Aronhime, Caroline | JR | Chantilly | 51.04 |
| 17 Green, Meredith | SO | Chantilly | 51.32 |
| 18 Huh, Jillian | 9 | Lake Braddoc | 51.34 |
| 19 Ong, Caroline | 12 | Riverside Hi | 51.94 |
| 20 Green, Makayla | 11 | West Springf | 52.25 |
| 21 Endersbee, Lauren | 12 | Riverside Hi | 52.34 |
| 22 Hoelzl, Charlotte | 11 | South Lakes | 52.55 |
| 23 Huynh, Nali | 12 | Thomas Jeffe | 52.76 |
| 24 Montgomery, Solenne | 10 | West Springf | 52.85 |
| 25 Seamans, Abigail | 10 | Lake Braddoc | 53.18 |
| 26 Harris, Trinity | 11 | Riverside Hi | 53.55 |
| 27 Steele, Jocelyn | 10 | James Madiso | 54.17 |
| 28 Raatz, Samantha | 10 | Lake Braddoc | 55.00 |
| 29 Ice, Madeline | 11 | George C. Ma | 55.92 |
| 30 Pequignet, Jade | 12 | South Lakes | 56.00 |
| 31 Villaflor, Lorelei | 11 | Loudoun Coun | 56.01 |
| 32 Lewis, Federica | 9 | James Madiso | 1:00.21 |

Event 24 Boys 300 Meter Hurdles Varsity

| Name | Yr | School | Seed Time |
|---------------------------|----|--------------|-----------|
| 1 Chambers, Isaac | 12 | James W. Rob | 40.15 |
| 2 Lavallee, Graydon | 11 | Lake Braddoc | 40.40 |
| 3 Cheng, Joshua | 12 | Lake Braddoc | 41.95 |
| 4 O'Reilly, Tyler | JR | Chantilly | 42.03 |
| 5 Tanzola, Robert | 12 | Riverside Hi | 42.18 |
| 6 Boucher, Dylan | JR | Chantilly | 42.27 |
| 7 Reed, Hunter | 11 | James W. Rob | 42.33 |
| 8 Gordon, Brad | 11 | West Springf | 42.92 |
| 9 Haigler, Dwayne | 10 | James W. Rob | 43.64 |
| 10 Watson, William | 9 | South Lakes | 43.95 |
| 11 Desta, Simon | 11 | West Springf | 43.97 |
| 12 Haigood, Tysean | 10 | West Springf | 44.42 |
| 13 Kurtu, Hussien | 11 | South Lakes | 44.46 |
| 14 Bower, Ethan | 9 | South Lakes | 44.48 |
| 15 Bailey, Gavyn | 11 | West Springf | 44.54 |
| 16 Gribbin, Daniel | 11 | Loudoun Coun | 45.00 |
| 17 Saleem, Rehan | 11 | Riverside Hi | 45.02 |
| 18 Kim, Michael | 12 | James Madiso | 45.48 |
| 19 Torrence-Johnson, Kyle | 11 | Loudoun Coun | 45.57 |
| 20 Thanigai, Athilesh | 12 | Thomas Jeffe | 46.38 |
| 21 McKenna, Peter | 10 | Riverside Hi | 46.60 |
| 22 Fitzhugh, Samuel | SO | Chantilly | 47.02 |

Nike Spring Invitational - 5/4/2019**South Lakes High School****Performance List****Event 24 ... (Boys 300 Meter Hurdles Varsity)**

| Name | Yr | School | Seed Time |
|------------------|----|--------------|-----------|
| 23 Watts, Liam B | 11 | George C. Ma | 47.20 |
| 24 Grover, Alex | 9 | South Lakes | 47.81 |
| 25 Collazo, Adam | 10 | James Madiso | 48.26 |
| 26 Morgan, Eric | 11 | James Madiso | 48.64 |

Event 25 Girls 800 Meter Run Varsity

| Name | Yr | School | Seed Time |
|-------------------------|----|--------------|-----------|
| 1 Willen, Seneca | 12 | James W. Rob | 2:17.56 |
| 2 Lannen, Emily | 11 | South Lakes | 2:18.20 |
| 3 Gulgert, Isabelle | 12 | South Lakes | 2:20.69 |
| 4 Beard, Caroline | 11 | James W. Rob | 2:22.39 |
| 5 Carter-Ogden, Ruby | JR | Chantilly | 2:23.00 |
| 6 Gordon, Ava | 9 | Rock Ridge H | 2:24.72 |
| 7 Booher, Carmen | 12 | James W. Rob | 2:24.76 |
| 8 Fleenor, Caroline | 10 | Lake Braddoc | 2:24.90 |
| 9 Rossen, Sophia | 10 | Lake Braddoc | 2:26.16 |
| 10 Hughes, Alyssa | 11 | Loudoun Coun | 2:28.01 |
| 11 Moffett, Sophie | 10 | James W. Rob | 2:29.00 |
| 12 Habibi, Tina | 12 | South Lakes | 2:29.83 |
| 13 White, Meredith | 10 | Lake Braddoc | 2:30.46 |
| 14 Lee, Claire J | 10 | George C. Ma | 2:30.59 |
| 15 Semon, Taylor | 11 | Rock Ridge H | 2:30.80 |
| 16 Matthews, Beth | 11 | South Lakes | 2:30.94 |
| 17 Sullivan, Caroline A | 10 | George C. Ma | 2:31.48 |
| 18 Birkas, Wilma | 10 | South Lakes | 2:32.15 |
| 19 Barlow, Momiji | JR | Chantilly | 2:35.10 |
| 20 Ayala, Emmalee | 11 | Rock Ridge H | 2:35.79 |
| 21 Menchavez, Sarah | 11 | Riverside Hi | 2:36.04 |
| 22 Buechler, Jordan | 11 | West Springf | 2:37.14 |
| 23 Montgomery, Skyelar | 10 | West Springf | 2:39.54 |
| 24 Uehlinger, Nikki | 12 | Loudoun Coun | 2:39.78 |
| 25 Barley, Karsen | 10 | Riverside Hi | 2:41.36 |
| 26 Ha, Ellen | 11 | South Lakes | 2:45.00 |
| 27 Alonso, Kathryn L | 9 | George C. Ma | 2:46.52 |
| 28 Cochis, Olivia | 11 | South Lakes | 2:48.42 |
| 29 Kuhblank, Ryann | 11 | James Madiso | 2:59.24 |
| 30 Cole, Anna | 11 | Riverside Hi | 2:59.24 |
| 31 Carter-Ogden, Nyla | JR | Chantilly | NT |

Event 26 Boys 800 Meter Run Varsity

| Name | Yr | School | Seed Time |
|-------------------------|----|--------------|-----------|
| 1 Malave, Sebastian N | 10 | George C. Ma | 1:58.40 |
| 2 Eggers, William | 12 | James Madiso | 1:58.54 |
| 3 Kennedy, Sanchir T | 12 | George C. Ma | 1:59.60 |
| 4 Sequino, Greyson | 12 | Riverside Hi | 2:01.00 |
| 5 Smith, Patrick A | 10 | George C. Ma | 2:01.64 |
| 6 Asady, Alex | 10 | Lake Braddoc | 2:02.73 |
| 7 Cyr, Wyatt | SR | Chantilly | 2:03.00 |
| 8 Cerne, Edward | 12 | Lake Braddoc | 2:03.24 |
| 9 Johnson, Greg | 12 | West Springf | 2:03.24 |
| 10 Lozano, Chris | 11 | West Springf | 2:03.35 |
| 11 Sohn, Ethan | 12 | Lake Braddoc | 2:03.50 |
| 12 Williamson, Theodore | 11 | Riverside Hi | 2:04.14 |
| 13 Lee, Taj | 10 | James W. Rob | 2:04.17 |

| | | | |
|-----------------------|----|--------------|---------|
| 14 Showalter, Thomas | 12 | Lake Braddoc | 2:04.62 |
| 15 Hoyseth, Victor | 12 | Lake Braddoc | 2:04.82 |
| 16 Monson, James | SR | Chantilly | 2:05.00 |
| 17 Levin, Jordan | 12 | Rock Ridge H | 2:05.31 |
| 18 Woodruff, Dawson | 12 | James W. Rob | 2:05.58 |
| 19 Thielen, Jason | 11 | Lake Braddoc | 2:06.08 |
| 20 Topoleski, Evan | 12 | James Madiso | 2:06.24 |
| 21 Thomas, Matthew | 12 | Riverside Hi | 2:06.78 |
| 22 Mazamder, Miguel | 12 | South Lakes | 2:06.94 |
| 23 Adams, Jake | 11 | West Springf | 2:07.04 |
| 24 Bile, Mohamed | 11 | Annandale | 2:08.24 |
| 25 Quiachon, Ian | 11 | James W. Rob | 2:08.74 |
| 26 Yang, Louis | JR | Chantilly | 2:09.08 |
| 27 Moore, Bradley | 12 | James W. Rob | 2:09.44 |
| 28 Sanguiliano, Jason | 11 | Loudoun Coun | 2:09.46 |
| 29 Grace, Evan | 12 | Rock Ridge H | 2:10.00 |
| 30 Tian, Dennis | 11 | Thomas Jeffe | 2:10.67 |
| 31 Prudhomme, Vincent | 11 | South Lakes | 2:10.94 |
| 32 Chadha, Aidan | 9 | Rock Ridge H | 2:11.00 |
| 33 Massey, William | 10 | James Madiso | 2:13.54 |
| 34 Yared, Leo | 9 | Annandale | 2:14.24 |
| 35 Lawrence, Liam | 12 | South Lakes | 2:18.00 |
| 36 Umbrell, Matthew | 11 | South Lakes | 2:18.68 |
| 37 LaRow, Thomas | 11 | South Lakes | 2:19.00 |
| 38 Geng, Larry | 12 | Thomas Jeffe | 2:19.80 |
| 39 Wisdom, Daniel | 12 | Thomas Jeffe | 2:20.05 |

Event 27 Girls 200 Meter Dash Varsity

| Name | Yr | School | Seed Time |
|--------------------------|----|--------------|-----------|
| 1 Waller, Hannah | 11 | South Lakes | 23.97 |
| 2 Howard, Jillian | 9 | South Lakes | 25.82 |
| 3 Konadu, Rhema | 11 | South Lakes | 26.34 |
| 4 Clark, Laila | 10 | James W. Rob | 26.62 |
| 5 Ofosu-Davis, Nyera | 12 | West Springf | 26.86 |
| 6 Lazard, Kelsey | 11 | Annandale | 27.00 |
| 7 Jones-Suggs, Makayla R | 10 | George C. Ma | 27.12 |
| 8 Sharman, Molly | 12 | West Springf | 27.14 |
| 9 Jones, Delecine | 10 | James W. Rob | 27.24 |
| 10 Ashford, Isabella | 9 | West Springf | 27.34 |
| 11 Anderson, Jordan | 12 | South Lakes | 27.66 |
| 12 Bush, Kendra | SO | Chantilly | 27.67 |
| 13 Bass, Yukorah | 10 | Riverside Hi | 27.70 |
| 14 Peterson, Elizabeth | 11 | Loudoun Coun | 27.77 |
| 15 Cooper, Emera | SO | Chantilly | 28.17 |
| 16 Jones, Claire | JR | Chantilly | 28.18 |
| 17 Kincaid, Sarah | 12 | Riverside Hi | 28.48 |
| 18 DiBiase, Amelia | 10 | South Lakes | 28.67 |
| 19 Washington, Alexis | 10 | Lake Braddoc | 28.71 |
| 20 Lawal, Khadejat | 11 | James W. Rob | 28.79 |
| 21 Penberthy, Charlotte | 9 | Loudoun Coun | 29.04 |
| 22 Wooding, Ania | 10 | Annandale | 29.08 |
| 23 Mikhin, Kira | 9 | James Madiso | 29.18 |
| 24 Osman, Hadeeyah | 9 | Riverside Hi | 29.24 |
| 25 Brown, Parker | 9 | Lake Braddoc | 29.24 |
| 26 Berkley, Sianni | 9 | Lake Braddoc | 29.24 |
| 27 Tran, Erin | 9 | Thomas Jeffe | 29.51 |

Nike Spring Invitational - 5/4/2019
South Lakes High School
Performance List

Event 27 ... (Girls 200 Meter Dash Varsity)

| Name | Yr | School | Seed Time |
|--------------------------|----|--------------|-----------|
| 28 Robinson, Katherine G | 10 | George C. Ma | 29.75 |
| 29 Becker, Nicola J | 9 | George C. Ma | 29.83 |
| 30 Faris, Pauneez | 9 | James Madiso | 29.94 |
| 31 Mills, Lauryn | 9 | Annandale | 30.13 |
| 32 Yang, Mia | 11 | Thomas Jeffe | 30.21 |
| 33 Ford, Emma A | 9 | George C. Ma | 30.58 |
| 34 Sanders, Noelle | 11 | Loudoun Coun | 32.38 |

Event 28 Boys 200 Meter Dash Varsity

| Name | Yr | School | Seed Time |
|---------------------------|----|--------------|-----------|
| 1 Britt, Joshua | 12 | West Springf | 22.84 |
| 2 Elhag, Ayman | 12 | Annandale | 22.94 |
| 3 Seals, Steven | 12 | West Springf | 22.94 |
| 4 Cooley, Jackson | 11 | South Lakes | 23.02 |
| 5 Davenport, Trosoadas | SO | Chantilly | 23.29 |
| 6 Haworth, Charles Javier | 11 | West Springf | 23.34 |
| 7 Kruppa, Michael | 11 | Thomas Jeffe | 23.37 |
| 8 Napolitano, Nicky | 12 | South Lakes | 23.40 |
| 9 Brown, Davonte | SR | Chantilly | 23.40 |
| 10 King, Chares | 11 | Riverside Hi | 23.44 |
| 11 Finney, John | 12 | James Madiso | 23.55 |
| 12 Fiobotei, Ebiobowei | 10 | South Lakes | 23.67 |
| 13 Gregory, Joshua | 9 | South Lakes | 23.90 |
| 14 Ezidinma, Daniel | 12 | South Lakes | 24.03 |
| 15 Hampton, Justin | 12 | Riverside Hi | 24.13 |
| 16 Ji, Curtis | 10 | Thomas Jeffe | 24.23 |
| 17 Williams, Russian | 11 | James W. Rob | 24.26 |
| 18 Jones, Daniel | 9 | Lake Braddoc | 24.26 |
| 19 Anderson, Matt | 11 | Loudoun Coun | 24.31 |
| 20 Stuck, Mason | 9 | Loudoun Coun | 24.35 |
| 21 Gonzalez, Nick | JR | Chantilly | 24.39 |
| 22 Nayfeh, Omar | 10 | George C. Ma | 24.50 |
| 23 Selman, jack | 11 | Riverside Hi | 24.51 |
| 24 Mahan, Jai | 9 | Lake Braddoc | 24.53 |
| 25 Laatour, Robert | 10 | Annandale | 24.58 |
| 26 Howard, Evan | 11 | Thomas Jeffe | 24.64 |
| 27 Shapiro, Will | 12 | South Lakes | 24.80 |
| 28 Tirona, Branden | 11 | South Lakes | 24.83 |
| 29 Marlin, Kaden | 12 | James W. Rob | 24.84 |
| 30 Barreto, Alex | 10 | James W. Rob | 24.96 |
| 31 Lewis, Spencer D | 9 | George C. Ma | 24.99 |
| 32 Backus, Kyle | 12 | Loudoun Coun | 25.14 |
| 33 Davis, William | 11 | Lake Braddoc | 25.24 |
| 34 Amarillas, Ryan R | 10 | George C. Ma | 25.54 |
| 35 Han, Robin | 11 | Annandale | 27.04 |

Event 29 Girls 3200 Meter Run Varsity

| Name | Yr | School | Seed Time |
|-----------------------|----|--------------|-----------|
| 1 Heintz, Madeline | 10 | James W. Rob | 11:28.05 |
| 2 Doran, Emilia | 11 | Lake Braddoc | 11:28.50 |
| 3 Fleenor, Madeleine | 12 | Lake Braddoc | 11:45.30 |
| 4 Sprague, Elaina | 12 | James Madiso | 11:48.96 |
| 5 Smith, Kyrsten | 12 | West Springf | 11:49.64 |
| 6 Bruenjes, Elizabeth | 10 | West Springf | 11:51.63 |

| | | | |
|--------------------------------|----|--------------|----------|
| 7 Seaward, Haley | 12 | West Springf | 11:52.04 |
| 8 DiLorenzo, Suzie | 11 | Loudoun Coun | 11:53.12 |
| 9 Lenz, Emma | SO | Chantilly | 12:04.19 |
| 10 Maynard, Courtney | 10 | Riverside Hi | 12:11.20 |
| 11 Hicks, Audrey | 12 | James W. Rob | 12:20.36 |
| 12 Bidwell, Kelly | 11 | South Lakes | 12:22.95 |
| 13 Siggins, Caitlin | 12 | James W. Rob | 12:27.60 |
| 14 Gallotta, Caroline | 9 | Lake Braddoc | 12:28.97 |
| 15 Delmolino, Frankie | 11 | South Lakes | 12:31.54 |
| 16 Battista, Emma A | 9 | George C. Ma | 12:48.07 |
| 17 Fuller, Rachel | 11 | Riverside Hi | 12:59.00 |
| 18 Jarvie, Olivia | 11 | Riverside Hi | 13:00.00 |
| 19 Salem, Ruqaiya F | 11 | George C. Ma | 13:13.23 |
| 20 Pantzer, Christina | 12 | James Madiso | 13:13.90 |
| 21 Pak, Leah | 10 | James Madiso | 14:05.00 |
| 22 Alarcon Fernandez, Gabby La | 11 | Annandale | NT |

Event 30 Boys 3200 Meter Run Varsity

| Name | Yr | School | Seed Time |
|-----------------------|----|--------------|-----------|
| 1 Buontempo, Joshua | 12 | Lake Braddoc | 9:46.35 |
| 2 Puhek, Joshua | JR | Chantilly | 9:49.48 |
| 3 Hamblet, Ryan | 11 | Lake Braddoc | 9:59.48 |
| 4 McIntyre, Thomas | 12 | James Madiso | 10:03.44 |
| 5 Purcell, Colter | 9 | James Madiso | 10:06.02 |
| 6 Hawkins, Luke | 10 | West Springf | 10:10.14 |
| 7 Pohlsander, Nate | 9 | West Springf | 10:10.15 |
| 8 O'Donnell, John | 9 | West Springf | 10:10.16 |
| 9 Young, Mark | 11 | James Madiso | 10:10.22 |
| 10 Rombach, Sean | 10 | Loudoun Coun | 10:12.84 |
| 11 O'Such, Joseph | 11 | Riverside Hi | 10:14.31 |
| 12 Stenberg, Bennett | 10 | Annandale | 10:17.22 |
| 13 Blundell, Charlie | 10 | Rock Ridge H | 10:17.74 |
| 14 Anderson, Jeremy | 9 | Lake Braddoc | 10:19.32 |
| 15 Preble, Alex | 10 | James W. Rob | 10:19.91 |
| 16 Kearney, Brian | 12 | Lake Braddoc | 10:20.12 |
| 17 Cobb, Johnathan | 11 | Rock Ridge H | 10:20.44 |
| 18 Stidman, Joey | 9 | South Lakes | 10:20.53 |
| 19 Maynard, Justin | 12 | Riverside Hi | 10:21.76 |
| 20 French, Benjamin | SO | Chantilly | 10:30.24 |
| 21 Canavan, Connor | SR | Chantilly | 10:33.84 |
| 22 Sahl, Yeabsira | 9 | Annandale | 10:35.66 |
| 23 Anthony, Gavin | 9 | South Lakes | 10:40.00 |
| 24 Boykin Jr., Curtis | 9 | South Lakes | 10:40.00 |
| 25 Decker, Greyson | 9 | South Lakes | 10:40.00 |
| 26 Sosnowski, William | 11 | James W. Rob | 10:42.60 |
| 27 Lee, Nicholas | 12 | James W. Rob | 10:44.07 |
| 28 Diperna, Leo | 11 | Thomas Jeffe | 10:46.19 |
| 29 Hall, Samuel | 11 | Riverside Hi | 10:46.72 |
| 30 Chilukuri, Varun | 10 | Thomas Jeffe | 10:50.75 |
| 31 Bhardwaj, Kanav | SR | Chantilly | 11:00.16 |
| 32 Hamilton, Reed | 11 | Thomas Jeffe | 11:21.38 |
| 33 Lagendyk, Marco A | 10 | George C. Ma | 11:21.86 |
| 34 Urdaneta, Luis A | 10 | George C. Ma | 11:29.04 |
| 35 Foster, Nicholas P | 10 | George C. Ma | 11:45.05 |

Nike Spring Invitational - 5/4/2019
South Lakes High School
Performance List

Event 31 Girls 4x400 Meter Relay Varsity

| Team | Relay | Seed Time |
|----------------|-------|-----------|
| 1 South Lakes | A | 4:06.00 |
| 2 West Springf | A | 4:06.24 |
| 3 Lake Braddoc | A | 4:17.50 |
| 4 Chantilly | A | 4:22.50 |

Event 32 Boys 4x400 Meter Relay Varsity

| Team | Relay | Seed Time |
|----------------|-------|-----------|
| 1 Lake Braddoc | A | 3:25.24 |
| 2 West Springf | A | 3:32.23 |
| 3 Chantilly | A | 3:33.52 |
| 4 South Lakes | A | 3:34.09 |
| 5 James W. Rob | A | 3:35.48 |
| 6 Riverside Hi | A | 3:38.02 |
| 7 Annandale | A | 3:39.24 |
| 8 Thomas Jeffe | A | 3:41.58 |

Event 33 Girls 4x800 Meter Relay Varsity

| Team | Relay | Seed Time |
|----------------|-------|-----------|
| 1 Riverside Hi | A | 10:59.33 |
| 2 South Lakes | A | 11:10.00 |

Event 34 Boys 4x800 Meter Relay Varsity

| Team | Relay | Seed Time |
|----------------|-------|-----------|
| 1 James Madiso | A | 8:13.97 |
| 2 Lake Braddoc | C | 8:22.57 |
| 3 Lake Braddoc | A | 8:22.57 |
| 4 Riverside Hi | A | 8:28.69 |
| 5 Lake Braddoc | B | 8:45.24 |
| 6 South Lakes | A | 8:51.58 |
| 7 Chantilly | A | 9:20.00 |

Event 35 Girls 800 Meter Run Freshmen Frosh

| Meet Record: 2:22.50 5/6/2006 Angelita Yarborough | | | |
|---|----|--------------|-----------|
| Name | Yr | School | Seed Time |
| 1 Yu, Annika | 9 | South Lakes | 2:23.00 |
| 2 Nocerito, Kayla | 9 | Lake Braddoc | 2:27.06 |
| 3 Curb, Cordelia | 9 | West Springf | 2:34.24 |
| 4 Lamphier, Sydney | 9 | Lake Braddoc | 2:38.45 |
| 5 Battista, Emma A | 9 | George C. Ma | 2:40.31 |
| 6 Hernandez, Juana | 9 | South Lakes | 2:41.92 |
| 7 Watson, Andrea | 9 | Loudoun Coun | 2:42.29 |
| 8 McDonald, Maria | 9 | Riverside Hi | 2:43.09 |
| 9 Lamphier, Shea | 9 | Lake Braddoc | 2:43.80 |
| 10 Alonso, Kathryn L | 9 | George C. Ma | 2:46.52 |
| 11 Griffith, Gabrielle | 9 | Annandale | 2:47.20 |
| 12 Cralle, Nina | 9 | South Lakes | 2:47.78 |
| 13 DiLorenzo, Nicole | 9 | Loudoun Coun | 2:49.56 |
| 14 Goss, Abby | 9 | James Madiso | 2:50.38 |
| 15 Jaynes, Katie | FR | Chantilly | 2:50.95 |
| 16 Gupta, Anika | 9 | James Madiso | 2:52.24 |
| 17 Hales, Audrey | 9 | South Lakes | 2:55.00 |
| 18 Cappello, Jenna | 9 | Annandale | 2:55.20 |
| 19 Pudner, Alana | 9 | South Lakes | 3:00.00 |
| 20 Snyder, Brooke | 9 | South Lakes | 3:10.00 |

| | | | |
|---------------------|---|--------------|---------|
| 21 Eachus, Victoria | 9 | James Madiso | 3:12.24 |
| 22 Salem, Fatimah A | 9 | George C. Ma | 3:16.29 |

Event 36 Boys 800 Meter Run Freshmen Frosh

| Meet Record: 2:00.74 5/6/2006 Leoule Degfae | | | |
|---|----|--------------|-----------|
| Name | Yr | School | Seed Time |
| 1 DiConti, Aidan | 9 | James Madiso | 2:08.25 |
| 2 Weeks, Tyler | 9 | West Springf | 2:09.04 |
| 3 Stidman, Joey | 9 | South Lakes | 2:11.18 |
| 4 Decker, Greyson | 9 | South Lakes | 2:12.71 |
| 5 Boykin Jr., Curtis | 9 | South Lakes | 2:13.00 |
| 6 Anthony, Gavin | 9 | South Lakes | 2:13.00 |
| 7 Stansbury, Ethan | 9 | Loudoun Coun | 2:13.54 |
| 8 Hairston, Orion | FR | Chantilly | 2:13.56 |
| 9 Cali, Philip | 9 | Lake Braddoc | 2:14.24 |
| 10 Williamson, Chris | 9 | Lake Braddoc | 2:14.24 |
| 11 Velasco-Zimmerman, Aidan | 9 | West Springf | 2:15.24 |
| 12 Renner, Jack | 9 | Lake Braddoc | 2:17.24 |
| 13 Zhou, Andrew | 9 | Thomas Jeffe | 2:18.18 |
| 14 Yiarga, Josh | 9 | Riverside Hi | 2:19.24 |
| 15 Kamara, Jadir | 9 | Annandale | 2:20.24 |
| 16 Byer, Dylan | 9 | Riverside Hi | 2:20.24 |
| 17 Popham, David | FR | Chantilly | 2:21.92 |
| 18 Baumann, Carter | 9 | West Springf | 2:23.24 |
| 19 Waters, Ajani | 9 | South Lakes | 2:23.29 |
| 20 Loveranes, Jacob | 9 | South Lakes | 2:24.43 |
| 21 Cook, Griffin | 9 | Riverside Hi | 2:25.24 |
| 22 Jenkins, Robert | 9 | James Madiso | 2:27.24 |
| 23 Wilson, Joshua | FR | Chantilly | 2:28.06 |
| 24 Ghoramah, Mohammed | 9 | Annandale | 2:28.24 |
| 25 Sprague, Jack | 9 | James Madiso | 2:30.04 |
| 26 Nguyen, Brandon H | 9 | George C. Ma | 2:30.22 |
| 27 Lilli, Connor | 9 | Annandale | 2:30.24 |
| 28 Sabel, Alex | 9 | Thomas Jeffe | 2:31.32 |
| 29 Brown, Ryan | FR | Chantilly | 2:32.50 |
| 30 Ice, Edward J | 9 | George C. Ma | 2:33.36 |
| 31 Mullarkey, James R | 9 | George C. Ma | 2:33.82 |
| 32 Zagurski, Andrew | 9 | James W. Rob | 2:38.55 |
| 33 Kneeland, Andrew | 9 | James W. Rob | 2:38.65 |

Event 37 Girls 100 Meter Dash Freshmen Frosh

| Meet Record: 12.39 5/3/2008 Amira Idris | | | |
|---|----|--------------|-----------|
| Name | Yr | School | Seed Time |
| 1 Howard, Jillian | 9 | South Lakes | 12.39 |
| 2 Daniels, Michala | 9 | Lake Braddoc | 13.14 |
| 3 Hughes, Rylie B | 9 | George C. Ma | 13.20 |
| 4 Penberthy, Charlotte | 9 | Loudoun Coun | 13.21 |
| 5 Osman, Hadeeyah | 9 | Riverside Hi | 13.39 |
| 6 Ashford, Isabella | 9 | West Springf | 13.47 |
| 7 Tarutani, Avery L | 9 | George C. Ma | 13.54 |
| 8 Elsi, Cecilia | 9 | West Springf | 13.84 |
| 9 Reveron, Briana | 9 | South Lakes | 13.87 |
| 10 Argueta, Natalie | 9 | Riverside Hi | 13.88 |
| 11 Hencken, Elsa | 9 | James W. Rob | 13.94 |
| 12 Anderson, Lily | 9 | West Springf | 13.94 |
| 13 Manise, Genevieve E | 9 | George C. Ma | 13.96 |

Nike Spring Invitational - 5/4/2019
South Lakes High School
Performance List

Event 37 ... (Girls 100 Meter Dash Freshmen Frosh)

| | Name | Yr | School | Seed Time |
|----|-------------------|----|--------------|-----------|
| 14 | Surabhi, Ashwitha | 9 | Thomas Jeffe | 14.04 |
| 15 | Mikhin, Kira | 9 | James Madiso | 14.06 |
| 16 | Ford, Emma A | 9 | George C. Ma | 14.14 |
| 17 | Webb, Danielle | 9 | Riverside Hi | 14.14 |
| 18 | Faris, Pauneez | 9 | James Madiso | 14.22 |
| 19 | Brown, Parker | 9 | Lake Braddoc | 14.24 |
| 20 | Berkley, Sianni | 9 | Lake Braddoc | 14.24 |
| 21 | Chang, Kayla | FR | Chantilly | 14.24 |
| 22 | Becker, Nicola J | 9 | George C. Ma | 14.38 |
| 23 | Tran, Erin | 9 | Thomas Jeffe | 14.39 |
| 24 | Kim, Millie | FR | Chantilly | 14.43 |
| 25 | Mazumder, Rita | 9 | South Lakes | 14.50 |
| 26 | Ramos, Kianna | 9 | Annandale | 15.03 |
| 27 | Jones, Graceyn | FR | Chantilly | 15.57 |
| 28 | Mengistu, Eldana | 9 | Annandale | 16.38 |
| 29 | Bahar, Limia | 9 | Annandale | 16.78 |

Event 38 Boys 100 Meter Dash Freshmen Frosh

| Meet Record: | 11.03 5/5/2012 | Darryl Haraway | | |
|--------------|--------------------|----------------|--------------|-----------|
| | Name | Yr | School | Seed Time |
| 1 | Stuck, Mason | 9 | Loudoun Coun | 11.82 |
| 2 | Jones, Daniel | 9 | Lake Braddoc | 11.94 |
| 3 | Mahan, Jai | 9 | Lake Braddoc | 11.94 |
| 4 | Tran, Kevin | 9 | West Springf | 11.99 |
| 5 | McKinney, Jacob | 9 | West Springf | 11.99 |
| 6 | Lewis, Spencer D | 9 | George C. Ma | 12.04 |
| 7 | McCloskey, Kai | 9 | James Madiso | 12.14 |
| 8 | Mach, Chase | 9 | James W. Rob | 12.14 |
| 9 | Dick, James | 9 | Loudoun Coun | 12.18 |
| 10 | Hurd, Zachary | 9 | Annandale | 12.18 |
| 11 | Marlin, Devon | 9 | James W. Rob | 12.24 |
| 12 | Allen, Hunter | 9 | James W. Rob | 12.34 |
| 13 | Milian, Jonathan | 9 | Annandale | 12.38 |
| 14 | Edwards, Jaidyn | 9 | South Lakes | 12.39 |
| 15 | Renteria, Isaac | 10 | Lake Braddoc | 12.44 |
| 16 | Hamlett, Benjamin | 9 | South Lakes | 12.50 |
| 17 | James, Maximus | FR | Chantilly | 12.52 |
| 18 | Crosby, Jayden | FR | Chantilly | 12.57 |
| 19 | Craft, Shaheem | 9 | South Lakes | 12.60 |
| 20 | Williams, Marcus | 9 | South Lakes | 12.70 |
| 21 | Grace, Ethan S | 9 | George C. Ma | 12.81 |
| 22 | Waller, Caleb | 9 | South Lakes | 12.90 |
| 23 | Park, Ian | 9 | Thomas Jeffe | 12.93 |
| 24 | DePalma, Timothy | FR | Chantilly | 13.01 |
| 25 | Marpu, Yatin | 9 | Thomas Jeffe | 13.30 |
| 26 | Alfonso, Samuel | 9 | Annandale | 13.38 |
| 27 | Tennenbaum, Noah K | 9 | George C. Ma | 13.38 |