Individual Meet Entries Report

Cassel's XBC Track Experience 27-Apr-19 to 27-Apr-09 George C. Marshall High [GCM]

> 301-793-2900 headcoachwong@yahoo.com

Falls Church, VA 22043

27

Women V 800m Run

Pounder, Sarah M (21)

	nurcn, vA 22045	neadcoach
WOM	IEN	
_	v, Serena (20)	George C. Marshall Hi
# 25	Women V 300m Hurdles	56.32
[#] 35	Women V Triple Jump	30-04.00
	o, Kathryn L (22)	George C. Marshall Hi
[#] 31	Women F 1600m Run	6:08.08
	ch, Natalie M (19)	George C. Marshall Hi
# 11	Women V 3200m Run	11:01.75
	ta, Emma A (22)	George C. Marshall Hi
# 31	Women F 1600m Run	5:54.63
	r, Nicola J (22)	George C. Marshall Hi
# 7	Women V High Jump	4-08.00
[#] 23	Women V 4x100m Relay A	
	er, Isabella A (19)	George C. Marshall Hi
# 21	Women V 100m Dash	13.40
# 23	Women V 4x100m Relay A	
Bir, G	race E (20)	George C. Marshall Hi
# 29	Women V 200m Dash	25.04
DonTi	gny, Emilie T (21)	George C. Marshall Hi
¥ 17	Women V 1600m Run	5:57.92
Epstei	n, Elizabeth (21)	George C. Marshall Hi
[#] 27	Women V 800m Run	2:26.04
Ford,	Emma A (22)	George C. Marshall Hi
# 7	Women V High Jump	4-06.00
Hamil	ton, Khristen A (19)	George C. Marshall Hi
# 21	Women V 100m Dash	13.05
[‡] 23	Women V 4x100m Relay A	
Hughe	es, Rylie B (22)	George C. Marshall Hi
[#] 23	Women V 4x100m Relay A	
# 29	Women V 200m Dash	26.54
Johnso	on, Simien D (19)	George C. Marshall Hi
¥ 7	Women V High Jump	4-08.00
Jones-	Suggs, Makayla R (21)	George C. Marshall Hi
# 15	Women V 400m Dash	1:01.56
# 21	Women V 100m Dash	13.28
Kim, I	Rae Young (21)	George C. Marshall Hi
# 3	Women V Discus	69-07.00
Lee, A	nabelle R (19)	George C. Marshall Hi
[#] 15	Women V 400m Dash	1:00.67
Lee, C	Claire J (21)	George C. Marshall Hi
[‡] 27	Women V 800m Run	2:31.09
Manis	e, Genevieve E (22)	George C. Marshall Hi
# 5	Women V Long Jump	14-06.00
[#] 23	Women V 4x100m Relay A	
McCa	rthy, Sydney L (21)	George C. Marshall Hi
# 17	Women V 1600m Run	5:52.11
Orozc	o, Nina S (19)	George C. Marshall Hi
	W W 000 D	2.44.07

2:44.97

George C. Marshall Hi

# 1	Women V Shot Put	27-07.25		
Sara	n, Riya M (20)	George C. Marshall Hi		
# 5	Women V Long Jump	14-06.00		
# 35	Women V Triple Jump	29-01.00		
Schlechty, Abigail R (19)		George C. Marshall Hi		
# 17	Women V 1600m Run	5:53.59		
Smit	h, Sydney M (20)	George C. Marshall Hi		
# 11	Women V 3200m Run	11:30.04		
Stuart, Delaney E (19)		George C. Marshall Hi		
# 1	Women V Shot Put	37-11.00		
# 3	Women V Discus	79-01.00		
Tadlock, Sarah M (19)		George C. Marshall Hi		
# 13	Women V 100m Hurdles	19.03		
Tarutani, Avery L (22)		George C. Marshall Hi		
# 13	Women V 100m Hurdles	18.61		
# 23	Women V 4x100m Relay A			
# 25	Women V 300m Hurdles	50.72		
Tedesco, Sophie E (20)		George C. Marshall Hi		
# 11	Women V 3200m Run	11:22.30		
Viskupic, Olivia R (22)		George C. Marshall Hi		
# 31	Women F 1600m Run	5:50.11		
Wan, Annaliese (19)		George C. Marshall Hi		
# 3	Women V Discus	100-03.00		

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MEN					
Adubi,	, Paul B (19)	George C. Marshall Hi	# 36	Men V Triple Jump	37-11.25
# 2	Men V Shot Put	41-09.00	'		
# 4	Men V Discus	119-05.00			
Auvil,	Henry A (20)	George C. Marshall Hi			
# 26	Men V 300m Hurdles	49.78			
Delta,	John T (22)	George C. Marshall Hi			
# 32	Men F 1600m Run	5:26.85			
Gatti,	Alessandro (20)	George C. Marshall Hi			
# 2	Men V Shot Put	47-07.00			
Grace,	Ethan S (22)	George C. Marshall Hi			
# 8	Men V High Jump	5-04.00			
Ice, Ed	lward J (22)	George C. Marshall Hi			
# 32	Men F 1600m Run	5:20.54			
Lagen	dyk, Marco A (21)	George C. Marshall Hi			
# 18	Men V 1600m Run	5:12.87			
Lee-Pa	wlak, Brogan (20)	George C. Marshall Hi			
# 22	Men V 100m Dash	12.24			
# 24	Men V 4x100m Relay A				
Leonar	rd, Talon W (20)	George C. Marshall Hi			
# 6	Men V Long Jump	16-09.00			
Miller,	Jacob C (19)	George C. Marshall Hi			
# 28	Men V 800m Run	2:07.49			
Nayfeh	n, Omar (21)	George C. Marshall Hi			
# 16	Men V 400m Dash	1:00.65			
# 24	Men V 4x100m Relay A				
# 30	Men V 200m Dash	24.90			
Nguye	n, Brandon H (22)	George C. Marshall Hi			
# 32	Men F 1600m Run	5:26.92			
_	hi, Aamir Z (21)	George C. Marshall Hi			
# 16	Men V 400m Dash	56.37			
# 24	Men V 4x100m Relay A				
# 30	Men V 200m Dash	25.23			
	d, Spencer T (21)	George C. Marshall Hi			
# 18	Men V 1600m Run	5:12.66			
	pta, Mayuk (20)	George C. Marshall Hi			
# 36	Men V Triple Jump	36-01.00			
	Calvin J (20)	George C. Marshall Hi			
# 28	Men V 800m Run	2:08.88			
	Argueta, Javier I (21)	George C. Marshall Hi			
# 4	Men V Discus	94-04.00			
_	oson, Ian L (20)	George C. Marshall Hi			
# 8	Men V High Jump	5-08.00			
# 22	Men V 100m Dash	12.13			
# 24	Men V 4x100m Relay A				
1 '	Liam B (20)	George C. Marshall Hi			
# 14	Men V 110m Hurdles	17.36			
# 26	Men V 300m Hurdles	47.20			
Yeboah, Emmanuel K (20)		George C. Marshall Hi			
# 6	Men V Long Jump	17-10.00			
# 14	Men V 110m Hurdles	20.39			

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Female IE's:	35	Female RE's:	6
Male IE's:	27	Male RE's:	4
Total IE's:	62	Total RE's:	10
Total Athletes:	50		