

12th Annual CASSELS XBC TRACK EXPERIENCE

When: Saturday, April 28th, 2018

Where: CHANTILLY HIGH SCHOOL

4201 Stringfellow Road

Chantilly, VA 20151

MORNING EVENTS:

8:15 Coaches Meeting

8:30 Girls Shot Put followed by Boys Shot Put

Boys Discus followed by Girls

Girls Long Jump followed by Girls Triple Jump

Boys Long Jump followed by Boys Triple Jump

9:00 Boys High Jump followed by Girls High Jump

Girls Pole Vault followed by Boys Pole Vault

8:30 Girls 3200m Run

9:15 Boys 3200m Run

10:00 Girls 100 Meter Low Hurdles

10:20 Boys 110 Meter High Hurdles

10:40 Girls 400 Meter Dash

11:00 Boys 400 Meter Dash

11:20 Girls 1600m Run (unseeded heats- top 2 in afternoon)

11:35 Boys 1600m Run (unseeded heats-top 2 in afternoon)

12:45 PM (Singing of national anthem; presentation of Boone Cox Memorial Scholarship)

Girls 4x800m Relay

Boys 4x800m Relay

Girls 100m Dash

Boys 100m Dash

Girls 1600m Run (top 2 heats only)

Boys 1600m Run (top 2 heats only)

Girls 4x100m Relay

Boys 4x100m Relay

Girls 300m Hurdles

Boys 300m Hurdles

Girls 800m Run

Boys 800m Run

Girls 200m Dash

Boys 200m Dash

Girls Freshman 1600m Run

Boys Freshman 1600m Run

Girls 4x400m Relay

Boys 4x400m Relay