National District Champs 29-Jan-19 to 01-Feb-19 [Ageup: 1/28/2019] George C. Marshall High [GCM]

301-793-2900

Falls Church, VA 22043

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WOM	EN				
Agnew, Serena (20)			# 25 Women 300m Dash		45.06
6	Women Triple Jump	30-00.00	Kaup	, Selena N (20)	
17	Women 4x200m Relay A		# 25	Women 300m Dash	47.44
Bardac	h, Natalie M (19)			Anabelle R (19)	
11	Women 4x800m Relay A		# 21	Women 500m Dash	1:24.68
19	Women 1600m Run	5:09.61	# 25	Women 300m Dash	45.43
ŧ 23	Women 1000m Run	3:01.78	# 29	Women 4x400m Relay A	
Battista	, Emma A (22)		Lee, C	Claire J (21)	
ŧ 27	Women 3200m Run	13:21.50	# 11	Women 4x800m Relay A	
	Nicola J (22)		# 23	Women 1000m Run	3:24.25
2	Women High Jump	4-08.00	# 29	Women 4x400m Relay A	
Bell, Le	ah A (21)		Lewis	s, Noelle Z (20)	
4	Women Long Jump	11-00.50	# 2	Women High Jump	4-06.00
Berline	r, Isabella A (19)		# 4	Women Long Jump	14-06.00
15	Women 55m Dash	7.84	# 6	Women Triple Jump	28-04.00
17	Women 4x200m Relay A		Maxv	vell, Heather A (21)	
[‡] 25	Women 300m Dash	45.00	# 17	Women 4x200m Relay A	
Bir, Gra	ace E (20)		Orozo	co, Nina S (19)	
21	Women 500m Dash	1:17.22	# 11	Women 4x800m Relay A	
25	Women 300m Dash	41.33	# 21	Women 500m Dash	1:25.69
ŧ 29	Women 4x400m Relay A		# 25	Women 300m Dash	47.54
Bir, Say	rda R (22)		# 29	Women 4x400m Relay A	
[‡] 13	Women 55m Hurdles	10.64	Pound	der, Sarah M (21)	
Bol, Jar	nie R (21)		# 8	Women Shot Put	27-07.25
[‡] 23	Women 1000m Run	3:24.22	Rebac	ck, Grace M (19)	
Dumon	t, Gillian L (20)		# 17	Women 4x200m Relay A	
[‡] 17	Women 4x200m Relay A		Smith	ı, Lena G (20)	
Epstein	, Elizabeth (21)		# 11	Women 4x800m Relay A	
[‡] 11	Women 4x800m Relay A		# 19	Women 1600m Run	5:45.69
21	Women 500m Dash	1:19.44	# 23	Women 1000m Run	3:22.64
29	Women 4x400m Relay A		Smith	, Sydney M (20)	
Guliyev	ra, Turbat (19)		# 11	Women 4x800m Relay A	
ŧ 8	Women Shot Put	26-02.00	# 19	Women 1600m Run	5:33.97
Hamilto	on, Khristen A (19)		# 23	Women 1000m Run	3:16.58
15	Women 55m Dash	7.80	Stuar	t, Delaney E (19)	
17	Women 4x200m Relay A		# 8	Women Shot Put	34-11.50
25	Women 300m Dash	43.60	Sulliv	an, Caroline A (21)	
Hsu, Oi	via M (21)			Women 4x800m Relay A	
ŧ 6	Women Triple Jump	26-09.00	# 21	Women 500m Dash	1:26.70
Hughes	, Rylie B (22)		# 29	Women 4x400m Relay A	
25	Women 300m Dash	45.41		ck, Sarah M (19)	
29	Women 4x400m Relay A		# 13	Women 55m Hurdles	11.04
Johnson	n, Simien D (19)		Tarut	ani, Avery L (22)	
ŧ 2	Women High Jump	4-06.00	# 13	Women 55m Hurdles	10.62
	uggs, Makayla R (21)		# 17	Women 4x200m Relay A	
‡ 4	Women Long Jump	12-07.00	# 25	Women 300m Dash	45.26
± 15	Women 55m Dash	8.04		co, Sophie E (20)	.3.20
± 17	Women 4x200m Relay A	***	# 11	Women 4x800m Relay A	

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WOM	MEN	
Tedes	co, Sophie E (20)	
# 19	Women 1600m Run	5:20.90
# 27	Women 3200m Run	11:22.30
Visku	pic, Olivia R (22)	
# 27	Women 3200m Run	13:10.84

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MEN					
Adubi, Paul B (19)			Schmi	d, Spencer T (21)	
# 7	Men Shot Put	39-00.00	# 12	Men 4x800m Relay A	
Ather	ton, Miles S (19)		# 28	Men 3200m Run	11:38.44
# 1	Men High Jump	5-06.00	Sengu	pta, Mayuk (20)	
Black	well, William (20)		# 5	Men Triple Jump	34-11.00
# 12	Men 4x800m Relay A		Smith,	Benjamin S (19)	
# 24	Men 1000m Run	2:42.29	# 20	Men 1600m Run	4:28.11
# 30	Men 4x400m Relay A		# 28	Men 3200m Run	9:56.55
Coker	; Afolarin A (22)		Smith,	Patrick A (21)	
# 18	Men 4x200m Relay A		# 12	Men 4x800m Relay A	
Gatti,	Alessandro (20)		# 20	Men 1600m Run	4:39.64
# 7	Men Shot Put	41-04.50	# 24	Men 1000m Run	2:42.62
Hugh	es, Tanner M (19)		Togher	r, Collin (22)	
# 3	Men Long Jump	19-01.00	# 22	Men 500m Dash	1:16.46
# 16	Men 55m Dash	6.94	# 30	Men 4x400m Relay A	
# 18	Men 4x200m Relay A		-	, Wilson W (20)	
# 26	Men 300m Dash	37.12	# 3	Men Long Jump	16-04.50
Kenn	edy, Sanchir T (19)		# 18	Men 4x200m Relay A	
# 12	Men 4x800m Relay A		# 26	Men 300m Dash	38.52
# 22	Men 500m Dash	1:08.17	# 30	Men 4x400m Relay A	
# 30	Men 4x400m Relay A			eta, Luis A (21)	
	abi, Cyrus J (19)		# 12	Men 4x800m Relay A	
# 7	Men Shot Put	33-02.50	# 28	Men 3200m Run	11:29.65
	idyk, Marco A (21)			ki, Owen W (19)	
# 12	Men 4x800m Relay A		# 3	Men Long Jump	13-08.50
# 30	Men 4x400m Relay A		# 18	Men 4x200m Relay A	
	, Spencer D (22)		1	Liam B (20)	
# 1	Men High Jump	5-04.00	# 14	Men 55m Hurdles	9.54
	ve, Sebastian N (21)			h, Emmanuel K (20)	
# 12	Men 4x800m Relay A		# 5	Men Triple Jump	35-03.50
# 20	Men 1600m Run	4:33.57	# 14	Men 55m Hurdles	10.64
# 24	Men 1000m Run	2:35.13			
	; Jacob C (19)	- 4 - 04			
# 24	Men 1000m Run	2:47.81			
1	h, Omar (21)				
# 16	Men 55m Dash	7.44			
# 18	Men 4x200m Relay A				
# 30	Men 4x400m Relay A				
_	shi, Aamir Z (21)	7.54			
# 16	Men 55m Dash	7.54			
# 18	Men 4x200m Relay A				
# 30	Men 4x400m Relay A				
	wsky, Adam (21) Men 4x800m Relay A				
# 12 # 22	Men 500m Dash	1:10.77			
# 22	Men 4x400m Relay A	1:10.//			
	•				
# 14	er, Eric C (19) Men 55m Hurdles	8.32			
# 14	Men 4x200m Relay A	0.32			
	Men 300m Dash	20 11			
# 26	Men 300m Dasn	38.11			

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Female IE's:	44	Female RE's:	23
Male IE's:	32	Male RE's:	23
Total IE's:	76	Total RE's:	46
Total Athletes:	59		