4th David Cannon Memorial Polar Bear Meet 04-Dec-21 George C. Marshall High [GCM]

Falls Church, VA 22043

301-793-2900 headcoachwong@yahoo.com

WOMEN	
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Abu Gafi	ra, Leen (24)
# 15	Women 55m Dash
# 25	Women 300m Dash
Ackerma	n, Rachel (25)
# 21	Women 500m Dash
	, Lylana (24)
# 25	Women 300m Dash
Ali, Hadi	
# 25	Women 300m Dash
	imran (25)
# 25	Women 300m Dash
	Kathryn (22)
# 23	Women 1000m Run
# 27	Emma (22) Women 3200m Run
	arolyne (23)
# 23	Women 1000m Run
Chen, Ali	
# 25	Women 300m Dash
	ry, Madihamustafiz (25)
# 25	Women 300m Dash
Connelly.	, Elise (25)
# 25	Women 300m Dash
Crone, La	aura (22)
# 21	Women 500m Dash
Daader, H	Farah (25)
# 15	Women 55m Dash
# 25	Women 300m Dash
Dao, Ryli	
# 15	Women 55m Dash
# 25	Women 300m Dash
Ford, Em	
# 2	Women High Jump
# 25	Women 300m Dash
· · · · · · · · · · · · · · · · · · ·	Hadley (24)
# 23 Fravel	Women 1000m Run
# 15	Women 55m Dash
# 15 # 25	Women 300m Dash
	alencia, Daniela (24)
# 8	Women Shot Put
# 15	Women 55m Dash
	Graham, Adrianna (24)
# 8	Women Shot Put
# 15	Women 55m Dash
# 25	Women 300m Dash
Hefferna	n, Zoe (25)
# 21	Women 500m Dash
1	

NT 47.90 George C. Marshall Hi NT George C. Marshall Hi 3:41.40 George C. Marshall Hi 12:34.45 George C. Marshall Hi NT George C. Marshall Hi 1:41.60 George C. Marshall Hi 8.20 46.80 George C. Marshall Hi NT 48.05 George C. Marshall Hi 4-10.00 45.98 George C. Marshall Hi NT George C. Marshall Hi 8.10 NT George C. Marshall Hi 22-06.00 NT George C. Marshall Hi 26-01.00 NT NT George C. Marshall Hi NT

George C. Marshall Hi

Kalavapudi, Laya (25) # 15 Women 55m Dash # 25 Women 300m Dash Khoubbieh, Carlie (25) # 25 Women 300m Dash Kim, Ellie (23) Women 300m Dash # 25 Lang, Maya (25) #15 Women 55m Dash # 25 Women 300m Dash Lauber, Samantha (24) #15 Women 55m Dash # 25 Women 300m Dash Leong, Emmy (25) # 25 Women 300m Dash McGowan, Laila (25) # 25 Women 300m Dash McNabb, Torri (22) #13 Women 55m Hurdles # 25 Women 300m Dash Mohamed Ali, Hoda (25) #8 Women Shot Put Oluwehinmi, Oluwatoni (25) # 25 Women 300m Dash Ouikhlfen, Fairouz (23) # 21 Women 500m Dash Patrick #8 Women Shot Put #15 Women 55m Dash # 25 Women 300m Dash Pinto Colque, Eunice (25) # 25 Women 300m Dash Platter, Haley (22) Women 500m Dash # 21 Rader, Sophia (25) #15 Women 55m Dash Raj, Arpita (25) # 25 Women 300m Dash Rivas Perez, Stephanie (25) # 25 Women 300m Dash Salem, Fatimah (22) # 19 Women 1600m Run Sbai, Israa (25) # 25 Women 300m Dash Schumer, Julia (25) #2 Women High Jump #15 Women 55m Dash # 25 Women 300m Dash

George C. Marshall Hi 8.30 50.10 George C. Marshall Hi NT George C. Marshall Hi 57.54 George C. Marshall Hi NT 50.00 George C. Marshall Hi 8.74 50.50 George C. Marshall Hi NT George C. Marshall Hi NT George C. Marshall Hi 9.47 48.48 George C. Marshall Hi ND George C. Marshall Hi NT George C. Marshall Hi NT George C. Marshall Hi ND NT NT George C. Marshall Hi 6:45.93 George C. Marshall Hi NT George C. Marshall Hi NH 8.65 NT

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Individual Meet Entries Report

4th David Cannon Memorial Polar Bear Meet 04-Dec-21 George C. Marshall High [GCM]

WON	MEN	
Shoen	naker, Amelia (25)	George C. Marshall Hi
# 19	Women 1600m Run	NT
Spode	en, Haley (23)	George C. Marshall Hi
# 27	Women 3200m Run	11:33.23
Stalin	, Sheetal (25)	George C. Marshall Hi
# 15	Women 55m Dash	8.55
# 25	Women 300m Dash	47.90
Swan	berry, Alyssa (25)	George C. Marshall Hi
# 25	Women 300m Dash	NT
Tarut	ani, Avery (22)	George C. Marshall Hi
# 21	Women 500m Dash	1:27.74
Tearn	e, Shelby (25)	George C. Marshall Hi
# 15	Women 55m Dash	8.74
# 25	Women 300m Dash	49.00
Thate	her, Maria (25)	George C. Marshall Hi
# 15	Women 55m Dash	8.65
# 25	Women 300m Dash	48.04
Visku	pic, Olivia (22)	George C. Marshall Hi
# 27	Women 3200m Run	12:28.01
Welch	ı, Sophia (24)	George C. Marshall Hi
# 15	Women 55m Dash	8.44
# 25	Women 300m Dash	47.50
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4th David Cannon Memorial Polar Bear Meet 04-Dec-21 George C. Marshall High [GCM]

MEN			
Akbari, Hamza (24)	George C. Marshall Hi	# 24 Men 1000m Run	3:13.08
16 Men 55m Dash	NT	Elwannas, Nawfal (23)	George C. Marshall H
26 Men 300m Dash	43.00	# 16 Men 55m Dash	7.24
Al-Gailani, Ammar (23)	George C. Marshall Hi	Estrada Zapata, Samuel (24)	George C. Marshall H
26 Men 300m Dash	NT	# 22 Men 500m Dash	NT
Ayers, Jacob (24)	George C. Marshall Hi	Frisk, Joseph (25)	George C. Marshall H
3 Men Long Jump	16-01.00	# 26 Men 300m Dash	NT
26 Men 300m Dash	NT	Frizell, Colin (25)	George C. Marshall H
Barnes, Simon (24)	George C. Marshall Hi	# 26 Men 300m Dash	NT
28 Men 3200m Run	10:41.30	Gerritz, Lars (24)	George C. Marshall H
Bayasgalan, Taivan (25)	George C. Marshall Hi	# 20 Men 1600m Run	NT
26 Men 300m Dash	NT	Gonzalez, Jose (23)	George C. Marshall H
Bhalla, Krish (24)	George C. Marshall Hi	# 24 Men 1000m Run	3:29.11
16 Men 55m Dash	NT	Hanzlik, Luke (23)	George C. Marshall H
26 Men 300m Dash	43.00	# 24 Men 1000m Run	2:55.44
Bishop, Nathaniel (25)	George C. Marshall Hi	Heimann, Nicholas (23)	George C. Marshall H
3 Men Long Jump	ND	#7 Men Shot Put	27-04.00
26 Men 300m Dash	NT	Himmel, Levi (25)	George C. Marshall H
Brown, John (25)	George C. Marshall Hi	# 26 Men 300m Dash	J NT
26 Men 300m Dash	NT	Hosch, Alexander (24)	George C. Marshall H
Burbano, Tyler (25)	George C. Marshall Hi	# 26 Men 300m Dash	NT
26 Men 300m Dash	NT	Isaacson, Benjamin (25)	George C. Marshall F
Busi, Likith (25)	George C. Marshall Hi	# 26 Men 300m Dash	NT
26 Men 300m Dash	NT	Kalapa, Naveen (25)	George C. Marshall H
Callihan, Alexander (25)	George C. Marshall Hi	# 26 Men 300m Dash	NT
28 Men 3200m Run	NT	Kanaan, Ali (24)	George C. Marshall H
Chargel, Sebastian (25)	George C. Marshall Hi	# 22 Men 500m Dash	NT
16 Men 55m Dash	NT	Katz, Benjamin (22)	George C. Marshall H
26 Men 300m Dash	43.00	# 7 Men Shot Put	33-07.00
Chemakura, Pritish (25)	George C. Marshall Hi	Klinowski, Yacob (25)	George C. Marshall H
16 Men 55m Dash	NT	# 26 Men 300m Dash	NT
26 Men 300m Dash	43.00	Klinowski, Yonas (25)	George C. Marshall H
Chhina, Aman (24)	George C. Marshall Hi	# 26 Men 300m Dash	NT
26 Men 300m Dash	NT	Lee, Curtis (23)	George C. Marshall H
Choe, Ethan (24)	George C. Marshall Hi	# 22 Men 500m Dash	1:23.39
26 Men 300m Dash	48.84		
		Lee, Jacob (25) # 24 Men 1000m Run	George C. Marshall H
Citino, Joshua (25)	George C. Marshall Hi NT		NT
26 Men 300m Dash		Lee, Samuel (23)	George C. Marshall H 4:58.99
Clopper, Ryan (25)	George C. Marshall Hi	# 20 Men 1600m Run	
20 Men 1600m Run	NT	Lim, Daniel (25)	George C. Marshall H
Cook, Jayden (24)	George C. Marshall Hi	# 16 Men 55m Dash	NT
26 Men 300m Dash	NT	# 26 Men 300m Dash	44.00
Dabich, Jackson (23)	George C. Marshall Hi	Lin, David (23)	George C. Marshall H
16 Men 55m Dash	NT	# 3 Men Long Jump	16-01.00
26 Men 300m Dash	NT	# 26 Men 300m Dash	NT
Desai, Kush (25)	George C. Marshall Hi	Lomax, Bennett (24)	George C. Marshall F
24 Men 1000m Run	NT	# 16 Men 55m Dash	7.30
Doshi, Devin (23)	George C. Marshall Hi	# 26 Men 300m Dash	41.50
22 Men 500m Dash	NT	Lutchman, Joshua (25)	George C. Marshall H
Dumont, Charles (23)	George C. Marshall Hi	# 26 Men 300m Dash	NT

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4th David Cannon Memorial Polar Bear Meet 04-Dec-21 George C. Marshall High [GCM]

MEN			
Malhotra, Ribhav (25)	George C. Marshall Hi	# 16 Men 55m Dash	7.44
16 Men 55m Dash	NT	Sadeque, Zimraan (22)	George C. Marshall H
26 Men 300m Dash	NT	# 20 Men 1600m Run	5:19.30
Martin, Aidan (24)	George C. Marshall Hi	Safsaf, Mohammed (25)	George C. Marshall H
26 Men 300m Dash	NT	# 26 Men 300m Dash	NT
McCarthy, Aidan (24)	George C. Marshall Hi	Sanders, Sean (23)	George C. Marshall H
28 Men 3200m Run	11:26.21	# 28 Men 3200m Run	9:59.58
McKay, Hunter (23)	George C. Marshall Hi	Sazzad, Sajid (24)	George C. Marshall H
26 Men 300m Dash	NT	# 26 Men 300m Dash	NT
Moore, Ethan (24)	George C. Marshall Hi	Tadlock, Conner (23)	George C. Marshall H
26 Men 300m Dash	NT	# 7 Men Shot Put	30-01.00
Moser, Gavin (25)	George C. Marshall Hi	# 24 Men 1000m Run	4:07.00
16 Men 55m Dash	NT	Taranov, Alek (23)	George C. Marshall H
26 Men 300m Dash	45.00	# 16 Men 55m Dash	7.81
Mueller, Christian (25)	George C. Marshall Hi	# 26 Men 300m Dash	45.79
20 Men 1600m Run	NT	Tarutani, Pierce (25)	George C. Marshall H
Nguyen, Brandon (22)	George C. Marshall Hi	# 24 Men 1000m Run	NT
24 Men 1000m Run	3:14.34	Tedesco, Henry (25)	George C. Marshall H
Nolan-Landwehr, Kian (23)	George C. Marshall Hi	# 28 Men 3200m Run	NT
24 Men 1000m Run	NT	Thompson, Joshua (25)	George C. Marshall H
Paine, Christopher (24)	George C. Marshall Hi	# 16 Men 55m Dash	NT
26 Men 300m Dash	NT	# 26 Men 300m Dash	44.00
Patke, Bhaskar (23)	George C. Marshall Hi	Tillman, Hayden (23)	George C. Marshall H
24 Men 1000m Run	3:23.30	# 3 Men Long Jump	ND
Penix, Jaime (23)	George C. Marshall Hi	# 26 Men 300m Dash	NT
24 Men 1000m Run	NT	Timbrook, Jack (25)	George C. Marshall H
Perrault, Adam (23)	George C. Marshall Hi	# 3 Men Long Jump	ND
7 Men Shot Put	32-02.00	# 26 Men 300m Dash	NT
16 Men 55m Dash	NT	Tolcha, Bermaji (23)	George C. Marshall H
26 Men 300m Dash	58.67	# 20 Men 1600m Run	NT
Pettine, Lucas (25)	George C. Marshall Hi	Tolcha, Tokuma (25)	George C. Marshall H
26 Men 300m Dash	NT	# 26 Men 300m Dash	NT
Pho, Hong-An (25)	George C. Marshall Hi	Truong, Jonathan (25)	George C. Marshall H
26 Men 300m Dash	NT	# 26 Men 300m Dash	NT
Rader, George (23)	George C. Marshall Hi	Um, Ethan (24)	George C. Marshall H
20 Men 1600m Run	5:38.37	# 26 Men 300m Dash	NT
Rahman, Zaid (24)	George C. Marshall Hi	Vaidya, Vedansh (23)	George C. Marshall H
16 Men 55m Dash	NT	# 3 Men Long Jump	10-09.00
26 Men 300m Dash	44.00	# 16 Men 55m Dash	8.34
Redding, Ian (25)	George C. Marshall Hi	# 26 Men 300m Dash	56.50
16 Men 55m Dash	NT	VanValen, Anthony (25)	George C. Marshall H
26 Men 300m Dash	44.00	# 26 Men 300m Dash	NT
Rimal, Abin (25)	George C. Marshall Hi	Vidwans, Kalen (23)	George C. Marshall H
16 Men 55m Dash	NT	# 26 Men 300m Dash	NT
26 Men 300m Dash	NT	Walcott, Alexander (25)	George C. Marshall H
Rowe, William (23)	George C. Marshall Hi	# 26 Men 300m Dash	NT
7 Men Shot Put	ND	Weeks, Brandon (24)	George C. Marshall H
Russin, Benjamin (23)	George C. Marshall Hi	# 22 Men 500m Dash	NT
20 Men 1600m Run	NT	Wilder, Henry (23)	George C. Marshall H
			George Comarshall II

4th David Cannon Memorial Polar Bear Meet 04-Dec-21 George C. Marshall High [GCM]

MEN		
Winela	and, Naveen (23)	George C. Marshall Hi
# 20	Men 1600m Run	7:00.78
Woern	ner, Finn (24)	George C. Marshall Hi
# 16	Men 55m Dash	NT
# 26	Men 300m Dash	NT

4th David Cannon Memorial Polar Bear Meet 04-Dec-21 George C. Marshall High [GCM]

Female IE's:	69
Male IE's:	115
Total IE's:	184
Total Athletes:	139