

Nike Invitational - Saturday, May 5, 2018. Where: South Lakes HS, 11400 South Lakes Drive., Reston, VA 20191 Who: 13 invited teams.

Field events: Opening heights: BHJ: 5'6"; GHJ: 4'6"; BPV: 8'6"; GPV: 7'0". Flight order will be top seeded flight last and the top seven athletes in the LJ, TJ, SP, and DT from the preliminaries will advance to finals.

Track events: Section order will be top seeded section last.

Awards: Medals to top six in each event. The top three teams will receive team trophies.

Admission: \$5 for Saturday; free for children 12 & under.

3:45 PM	#1	Girls High Jump Varsity	Finals
3:45 PM	#7	Girls Triple Jump Varsity	Finals
3:45 PM	#6	Boys Long Jump Varsity	Finals
3:45 PM	#3	Girls Pole Vault Varsity	Finals
3:45 PM	#10	Boys Discus Throw Varsity	Finals
3:45 PM	#11	Girls Shot Put Varsity	Finals
6:00 PM	#9	Girls Discus Throw Varsity	Finals
6:00 PM	#12	Boys Shot Put Varsity	Finals
6:00 PM	#2	Boys High Jump Varsity	Finals
6:00 PM	#4	Boys Pole Vault Varsity	Finals
6:00 PM	#5	Girls Long Jump Varsity	Finals
6:00 PM	#8	Boys Triple Jump Varsity	Finals

****Field Events will start 30 minutes after prior event, no later than 6:00****

3:30 PM	#13	Girls 100 Meter Hurdles Varsity	Finals
3:40 PM	#14	Boys 110 Meter Hurdles Varsity	Finals
3:55 PM	#37	Girls 100 Meter Dash Frosh	Finals
4:05 PM	#38	Boys 100 Meter Dash Frosh	Finals
4:15 PM	#15	Girls 100 Meter Dash Varsity	Finals
4:25 PM	#16	Boys 100 Meter Dash Varsity	Finals
4:40 PM	#33	Girls 4x800 Meter Relay Varsity	Finals
4:55 PM	#34	Boys 4x800 Meter Relay Varsity	Finals
5:10 PM	#35	Girls 800 Meter Run Frosh	Finals
5:20 PM	#36	Boys 800 Meter Run Frosh	Finals
5:30 PM	#19	Girls 1600 Meter Run Varsity	Finals
5:55 PM	#20	Boys 1600 Meter Run Varsity	Finals
6:20 PM	#17	Girls 4x100 Meter Relay Varsity	Finals
6:25 PM	#18	Boys 4x100 Meter Relay Varsity	Finals
6:30 PM	#21	Girls 400 Meter Dash Varsity	Finals
6:45 PM	#22	Boys 400 Meter Dash Varsity	Finals
7:05 PM	#23	Girls 300 Meter Hurdles Varsity	Finals
7:20 PM	#24	Boys 300 Meter Hurdles Varsity	Finals
7:35 PM	#25	Girls 800 Meter Run Varsity	Finals
7:50 PM	#26	Boys 800 Meter Run Varsity	Finals
8:05 PM	#27	Girls 200 Meter Dash Varsity	Finals
8:20 PM	#28	Boys 200 Meter Dash Varsity	Finals
8:40 PM	#29	Girls 3200 Meter Run Varsity	Finals
9:10 PM	#30	Boys 3200 Meter Run Varsity	Finals
9:40 PM	#31	Girls 4x400 Meter Relay Varsity	Finals
9:50 PM	#32	Boys 4x400 Meter Relay Varsity	Finals