

2013 Spring Track and Field Meet Schedule

Meet	Date	Host/Location	Type	Buses		
				Meet Start	Leaving Time	Estimated End Time
Interest Meeting/Paper work Collecting	Wednesday, February 13, 2013	Main Gym	Meeting	6:30PM	N/A	8:00PM
First day of Practice	Monday, February 18, 2013	Track	Practice	10:00AM	N/A	12:30PM
Ledo's Night	Wednesday, February 27, 2013	Ledo's Falls Church	Fundraiser	5:00PM	N/A	10:00PM
Meet the Coach Night	Thursday, February 28, 2013	Cafeteria	Meeting	6:30PM	N/A	9:00PM
Team Time Trials	Saturday, March 02, 2013	Marshall HS - Falls Church, VA	Time Trials	9:00AM	N/A	12:00PM
Team Night	Thursday, March 07, 2013	Road Runner - Falls Church	Fundraiser	6:00PM	N/A	8:00PM
TJHSST vs McLean, Marshall, Fairfax	Wednesday, April 03, 2013	Thomas Jefferson HS - Alexandria, VA	Quad Meets	5:00PM	4:15PM	9:30PM
Dunbar's Crimson Tide Invitational	Saturday, April 06, 2013	Spingran HS - Wash. DC	Invitational	8:30AM	7:00AM	4:30PM
Marshall vs McLean & Stone Bridge	Wednesday, April 10, 2013	Marshall HS - Falls Church, VA	Tri-meet	5:00PM	N/A	9:30PM
Northern Virginia Invitational	Friday, April 12, 2013	Robinson HS - Fairfax, VA	Invitational	4:00PM	2:45PM	8:30PM
Northern Virginia Invitational	Saturday, April 13, 2013	Robinson HS - Fairfax, VA	Invitational	8:30AM	6:30AM	5:00PM
Madison vs McLean, Marshall, Langley	Wednesday, April 17, 2013	Madison HS - Fairfax, VA	Quad Meets	5:00PM	4:15PM	9:30PM
8th Annual Viking Invitational	Saturday, April 20, 2013	Walt Withman HS - Bethesda, MD	Invitational	8:30AM	7:00AM	4:00PM
Ledo's Night	Wednesday, April 24, 2013	Ledo's Falls Church	Fundraiser	5:00PM	N/A	10:00PM
Cassel's XBC Track Experience	Saturday, April 27, 2013	Chantilly HS - Chantilly, VA	Invitational	8:30AM	7:15AM	5:00PM
McLean vs Stone Bridge, South Lakes, Marshall	Wednesday, May 01, 2013	McLean HS - McLean, VA	Quad Meets	5:00PM	4:15PM	9:30PM
Nike Spring Invitational	Saturday, May 04, 2013	South Lakes HS - Reston, VA	Invitational	4:30PM	2:45PM	11:30PM
TJ Penultimate Experience	Saturday, May 11, 2013	Thomas Jefferson HS - Alexandria, VA	Invitational	8:30AM	7:30AM	5:00PM
Liberty District Championship	Tuesday, May 14, 2013	South Lakes HS - Reston, VA	District	4:30PM	2:15PM	7:30PM
Liberty District Championship	Wednesday, May 15, 2013	South Lakes HS - Reston, VA	District	4:00PM	2:15PM	9:30PM
Northern Regional Championship	Thursday, May 23, 2013	Robinson HS - Fairfax, VA	Regional	4:30PM	2:15PM	8:00PM
Northern Regional Championship	Friday, May 24, 2013	Robinson HS - Fairfax, VA	Regional	4:00PM	2:15PM	9:30PM
VA State AAA Championship	Friday, May 31, 2013	Sports Backers Stadium - Richmond, VA	STATES	1:00PM	9:00AM	7:30PM
VA State AAA Championship	Saturday, June 01, 2013	Sports Backers Stadium - Richmond, VA	STATES	8:30AM	7:30AM	4:30PM