Ed Bowie Invitational 14-Dec-19 George C. Marshall High [GCM]

Falls Church, VA 22043

301-793-2900 headcoachwong@yahoo.com

| WO | MEN | | | | | |
|--------|-------------------------|-----------------------|--------|----------------------|-----------------------|--|
| Agne | ew, Serena (20) | George C. Marshall Hi | | , Sydney M (20) | George C. Marshall Hi | |
| # 9 | Women 55m Dash | 8.54 | # 13 | Women 3200m Run | 11:28.34 | |
| # 15 | Women 4x200m Relay A | | Spode | en, Haley E (23) | George C. Marshall Hi | |
| # 27 | Women Long Jump | 15-05.75 | # 5 | Women 1600m Run | NT | |
| Barn | es, Adele M (22) | George C. Marshall Hi | Sulliv | an, Caroline A (21) | George C. Marshall Hi | |
| # 1 | Women 4x800m Relay A | | # 11 | Women 500m Dash | 1:26.70 | |
| # 5 | Women 1600m Run | NT | # 21 | Women 4x400m Relay A | | |
| Bath | alon, Paula A (20) | George C. Marshall Hi | Tarut | ani, Avery L (22) | George C. Marshall Hi | |
| # 13 | Women 3200m Run | NT | # 7 | Women 55m Hurdles | 10.62 | |
| Beck | er, Nicola J (22) | George C. Marshall Hi | # 15 | Women 4x200m Relay A | | |
| # 15 | Women 4x200m Relay A | | # 21 | Women 4x400m Relay A | | |
| # 25 | Women High Jump | 4-08.00 | Visku | pic, Olivia R (22) | George C. Marshall Hi | |
| Bell, | Leah A (21) | George C. Marshall Hi | # 1 | Women 4x800m Relay A | | |
| # 1 | Women 4x800m Relay A | | # 17 | Women 800m Run | 2:46.37 | |
| # 17 | Women 800m Run | 2:55.35 | , | | | |
| Bir, (| Grace E (20) | George C. Marshall Hi | | | | |
| # 3 | Women 300m Dash | 41.33 | | | | |
| # 21 | Women 4x400m Relay A | | | | | |
| Bir, S | Sayda R (22) | George C. Marshall Hi | | | | |
| # 3 | Women 300m Dash | 44.68 | | | | |
| # 21 | Women 4x400m Relay A | | | | | |
| # 25 | Women High Jump | 4-06.00 | | | | |
| Curr | an, Veronica S (23) | George C. Marshall Hi | | | | |
| # 3 | Women 300m Dash | NT | | | | |
| Epste | ein, Elizabeth (21) | George C. Marshall Hi | | | | |
| # 11 | Women 500m Dash | 1:18.70 | | | | |
| # 21 | Women 4x400m Relay A | | | | | |
| Gilbe | ert, Hala N (22) | George C. Marshall Hi | | | | |
| # 7 | Women 55m Hurdles | 11.34 | | | | |
| # 15 | Women 4x200m Relay A | | | | | |
| Jone | s-Suggs, Makayla R (21) | George C. Marshall Hi | | | | |
| # 9 | Women 55m Dash | 7.84 | | | | |
| # 15 | Women 4x200m Relay A | | | | | |
| Leap | , Annie M (20) | George C. Marshall Hi | | | | |
| # 9 | Women 55m Dash | 8.63 | | | | |
| Lee, | Claire J (21) | George C. Marshall Hi | | | | |
| # 11 | Women 500m Dash | 1:27.26 | | | | |
| # 21 | Women 4x400m Relay A | | | | | |
| Lewi | s, Noelle Z (20) | George C. Marshall Hi | | | | |
| # 25 | Women High Jump | 4-09.00 | | | | |
| McC | arthy, Sydney L (21) | George C. Marshall Hi | | | | |
| # 1 | Women 4x800m Relay A | | | | | |
| # 17 | Women 800m Run | 2:43.17 | | | | |
| McN | abb, Torri E (22) | George C. Marshall Hi | | | | |
| # 7 | Women 55m Hurdles | 10.56 | | | | |
| # 15 | Women 4x200m Relay A | | | | | |
| Saler | n, Fatimah A (22) | George C. Marshall Hi | | | | |
| # 5 | Women 1600m Run | 6:52.24 | | | | |

George C. Marshall Hi
NT
George C. Marshall Hi
NT
George C. Marshall Hi

2:31.34 George C. Marshall Hi_i 5-06.00 George C. Marshall Hi_i 1:10.53

George C. Marshall Hi 2:18.85 George C. Marshall Hi

6-02.00 **George C. Marshall Hi** 7.04

George C. Marshall Hi₁ 9.43 George C. Marshall Hi₁ 10.12 17-10.00 40-08.50

Individual Meet Entries Report

Ed Bowie Invitational 14-Dec-19 George C. Marshall High [GCM]

2

Men 4x800m Relay A

| MEN | | | | | |
|------------------------|-------------------------------------|------------------------------------|-----------------------|-------------------------------------|--|
| Amarillas, Ryan R (21) | | George C. Marshall Hi | Sanders, Aiden T (20) | | |
| # 4 | Men 300m Dash | NT | # 14 | Men 3200m Run | |
| # 16 | Men 4x200m Relay A | | Sande | rs, Sean P (23) | |
| # 22 | Men 4x400m Relay A | | # 14 | Men 3200m Run | |
| Auvil, | Henry A (20) | George C. Marshall Hi | Schmi | d, Spencer T (21) | |
| # 8 | Men 55m Hurdles | 10.70 | # 2 | Men 4x800m Relay A | |
| Blackw | vell, William (20) | George C. Marshall Hi | # 18 | Men 800m Run | |
| # 6 | Men 1600m Run | 4:39.62 | Silva, | Alejandro M (21) | |
| # 22 | Men 4x400m Relay A | | # 26 | Men High Jump | |
| Brock, | Titus S (22) | George C. Marshall Hi | Smith, | , Patrick A (21) | |
| # 6 | Men 1600m Run | 5:14.12 | # 12 | Men 500m Dash | |
| Gatti, A | Alessandro (20) | George C. Marshall Hi | # 22 | Men 4x400m Relay A | |
| # 24 | Men Shot Put | 47-07.00 | Sween | ey, Thomas P (20) | |
| Grace, | Ethan S (22) | George C. Marshall Hi | # 18 | Men 800m Run | |
| # 26 | Men High Jump | 5-08.00 | | pson, Ian L (20) | |
| # 28 | Men Long Jump | 16-10.00 | # 16 | Men 4x200m Relay A | |
| | k, Luke O (23) | George C. Marshall Hi | # 26 | Men High Jump | |
| # 2 | Men 4x800m Relay A | George C. Marishan III | | , Wilson W (20) | |
| # 18 | Men 800m Run | NT | # 10 | Men 55m Dash | |
| | gton, Jason J (21) | George C. Marshall Hi | # 16 | Men 4x200m Relay A | |
| # 12 | Men 500m Dash | 1:11.95 | | Liam B (20) | |
| # 22 | Men 4x400m Relay A | 1.11.93 | # 8 | Men 55m Hurdles | |
| | • | Coope C Marshall III | | | |
| # 24 | -Bailey, Stephen (21) Men Shot Put | George C. Marshall Hi 38-07.00 | # 8 | h, Emmanuel K (20) Men 55m Hurdles | |
| | | | | | |
| _ | lyk, Marco A (21) | George C. Marshall Hi | # 28 | Men Long Jump | |
| # 2 # 6 | Men 4x800m Relay A | 5.00.00 | # 30 | Men Triple Jump | |
| | Men 1600m Run | 5:09.90 | | | |
| | Spencer D (22) | George C. Marshall Hi | | | |
| # 10 | Men 55m Dash | 7.16 | | | |
| # 28 | Men Long Jump | 14-08.00 | | | |
| # 30 | Men Triple Jump | 35-11.75 | | | |
| | e, Sebastian N (21) | George C. Marshall Hi | | | |
| # 12 | Men 500m Dash | 1:10.69 | | | |
| # 22 | Men 4x400m Relay A | | | | |
| | ob, Gavin (20) | George C. Marshall Hi | | | |
| # 30 | Men Triple Jump | 35-09.00 | | | |
| Nayfeh | , Omar (21) | George C. Marshall Hi | | | |
| # 4 | Men 300m Dash | 41.08 | | | |
| # 10 | Men 55m Dash | 7.34 | | | |
| # 16 | Men 4x200m Relay A | | | | |
| Oliver, | Seth J (23) | George C. Marshall Hi | | | |
| # 14 | Men 3200m Run | NT | | | |
| Palm, l | Brock C (21) | George C. Marshall Hi | | | |
| # 24 | Men Shot Put | 34-10.00 | | | |
| Quresh | ni, Aamir Z (21) | George C. Marshall Hi | | | |
| # 4 | Men 300m Dash | 40.85 | | | |
| # 16 | Men 4x200m Relay A | | | | |
| # 22 | Men 4x400m Relay A | | | | |
| Sadequ | ie, Zimraan M (22) | George C. Marshall Hi | | | |
| # 2 | Man Av800m Paloy A | 9 · · · · · · · · · · · · · | | | |

Ed Bowie Invitational 14-Dec-19 George C. Marshall High [GCM]

| Female IE's: | 24 | Female RE's: | 16 |
|-----------------|----|--------------|----|
| Male IE's: | 33 | Male RE's: | 15 |
| Total IE's: | 57 | Total RE's: | 31 |
| Total Athletes: | 50 | | |

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301-793-2900 headcoachwong@yahoo

| falls Church, VA 22043 | | | hwong@yahoo.com | | |
|---------------------------|-------------------|---------|-------------------------------|--------------------|-----------|
| # 1 Women 4x800m Relay A | | 9:20.90 | Athletes count: 3 | | |
| Viskupic, Olivia R (22) # | Marshall | | | | |
| Bell, Leah A (21) # | Marshall | | # 9 Women 55m Dash | George C. Marshall | 7.94 |
| McCarthy, Sydney L (21) # | Marshall | | Jones-Suggs, Makayla R (21) | · · | 7.84 |
| Barnes, Adele M (22) # | Marshall | | Agnew, Serena (20) | George C. Marshall | 8.54 |
| Athletes count: 4 | | | Leap, Annie M (20) | George C. Marshal | 8.63 |
| # 2 Men 4x800m Relay A | | 7:50.70 | Athletes count: 3 | | |
| Hanzlik, Luke O (23) # | Marshall | | # 10 Men 55m Dash | | |
| Schmid, Spencer T (21) # | Marshall | | Tryon, Wilson W (20) | George C. Marshal | 7.04 |
| Sadeque, Zimraan M (22) # | Marshall | | Lewis, Spencer D (22) | George C. Marshal | 7.16 |
| Lagendyk, Marco A (21) # | Marshall | | Nayfeh, Omar (21) | George C. Marshal | 7.34 |
| Athletes count: 4 | | | Athletes count: 3 | | |
| # 3 Women 300m Dash | | | # 11 Women 500m Dash | | |
| Bir, Grace E (20) | George C. Marshal | 41.33 | Epstein, Elizabeth (21) | George C. Marshall | 1:18.70 |
| Bir, Sayda R (22) | George C. Marshal | 44.68 | Sullivan, Caroline A (21) | George C. Marshall | 1:26.70 |
| Curran, Veronica S (23) | George C. Marshal | NT | Lee, Claire J (21) | George C. Marshall | 1:27.26 |
| Athletes count: 3 | | | Athletes count: 3 | | |
| # 4 Men 300m Dash | | | # 12 Men 500m Dash | | |
| Qureshi, Aamir Z (21) | George C. Marshal | 40.85 | Smith, Patrick A (21) | George C. Marshal | 1:10.53 |
| Nayfeh, Omar (21) | George C. Marshal | 41.08 | Malave, Sebastian N (21) | George C. Marshall | 1:10.69 |
| Amarillas, Ryan R (21) | George C. Marshal | NT | Harrington, Jason J (21) | George C. Marshall | 1:11.95 |
| Athletes count: 3 | | | Athletes count: 3 | | |
| # 5 Women 1600m Run | | | # 13 Women 3200m Run | | |
| Salem, Fatimah A (22) | George C. Marshal | 6:52.24 | Smith, Sydney M (20) | George C. Marshal | 11:28.34 |
| Barnes, Adele M (22) | George C. Marshal | NT | Bathalon, Paula A (20) | George C. Marshal | NT |
| Spoden, Haley E (23) | George C. Marshal | NT | Athletes count: 2 | | |
| Athletes count: 3 | | | # 14 Men 3200m Run | | |
| # 6 Men 1600m Run | | | Oliver, Seth J (23) | George C. Marshall | NT |
| Blackwell, William (20) | George C. Marshal | 4:39.62 | Sanders, Aiden T (20) | George C. Marshal | NT |
| Lagendyk, Marco A (21) | George C. Marshal | 5:09.90 | Sanders, Sean P (23) | George C. Marshall | NT |
| Brock, Titus S (22) | George C. Marshal | 5:14.12 | Athletes count: 3 | | |
| Athletes count: 3 | | | # 15 Women 4x200m Relay A | | 1:47.00 |
| # 7 Women 55m Hurdles | | | Jones-Suggs, Makayla R (21) # | Marshall | |
| McNabb, Torri E (22) | George C. Marshal | 10.56 | Tarutani, Avery L (22) # | Marshall | |
| Tarutani, Avery L (22) | George C. Marshal | 10.62 | Agnew, Serena (20) # | Marshall | |
| Gilbert, Hala N (22) | George C. Marshal | 11.34 | Becker, Nicola J (22) # | Marshall | |
| | Ü | | McNabb, Torri E (22) # | Marshall | |
| Athletes count: 3 | | | Gilbert, Hala N (22) # | Marshall | |
| # 8 Men 55m Hurdles | | | Athletes count: 6 | | |
| Watts, Liam B (20) | George C. Marshal | 9.43 | 1 | | 1 2 4 5 - |
| Yeboah, Emmanuel K (20) | George C. Marshal | 10.12 | # 16 Men 4x200m Relay A | | 1:34.23 |
| Auvil, Henry A (20) | George C. Marshal | 10.70 | Tryon, Wilson W (20) # | Marshall | |
| | | | Qureshi, Aamir Z (21) # | Marshall | |

26 Men High Jump Thompson, Ian L (20)

Grace, Ethan S (22)

George C. Marshal

George C. Marshal

6-02.00

5-08.00

| # 16 Men 4x200m Relay A | | 1:34.23 | Silva, Alejandro M (21) | George C. Marshall | 5-06.00 |
|-----------------------------|-------------------|---------------|-------------------------|--------------------|----------|
| Nayfeh, Omar (21) # | Marshall | | Athletes counts 2 | | |
| Amarillas, Ryan R (21) # | Marshall | | Athletes count: 3 | | |
| Thompson, Ian L (20) # | Marshall | | # 27 Women Long Jump | C CM LT | 15.05.75 |
| Athletes count: 5 | | | Agnew, Serena (20) | George C. Marshal | 15-05.75 |
| # 17 Women 800m Run | | | Athletes count: 1 | | |
| McCarthy, Sydney L (21) | George C. Marshal | 2:43.17 | # 28 Men Long Jump | | |
| Viskupic, Olivia R (22) | George C. Marshal | 2:46.37 | Yeboah, Emmanuel K (20) | George C. Marshal | 17-10.00 |
| Bell, Leah A (21) | George C. Marshal | 2:55.35 | Grace, Ethan S (22) | George C. Marshal | 16-10.00 |
| Athletes count: 3 | | | Lewis, Spencer D (22) | George C. Marshall | 14-08.00 |
| # 18 Men 800m Run | | | Athletes count: 3 | | |
| Sweeney, Thomas P (20) | George C. Marshal | 2:18.85 | # 30 Men Triple Jump | | |
| Schmid, Spencer T (21) | George C. Marshal | 2:31.34 | Yeboah, Emmanuel K (20) | George C. Marshall | 40-08.50 |
| Hanzlik, Luke O (23) | George C. Marshal | 2:31.34 NT | Lewis, Spencer D (22) | George C. Marshal | 35-11.75 |
| | George C. Marshai | IN I | McNabb, Gavin (20) | George C. Marshall | 35-09.00 |
| Athletes count: 3 | | | Athletes count: 3 | • | |
| # 21 Women 4x400m Relay A | | 3:59.45 | Timitous Counting | | |
| Bir, Sayda R (22) # | Marshall | | | | |
| Epstein, Elizabeth (21) # | Marshall | | | | |
| Lee, Claire J (21) # | Marshall | | | | |
| Bir, Grace E (20) # | Marshall | | | | |
| Sullivan, Caroline A (21) # | Marshall | | | | |
| Tarutani, Avery L (22) # | Marshall | | | | |
| Athletes count: 6 | | | | | |
| # 22 Men 4x400m Relay A | | 3:26.38 | | | |
| Harrington, Jason J (21) # | Marshall | | | | |
| Smith, Patrick A (21) # | Marshall | | | | |
| Blackwell, William (20) # | Marshall | | | | |
| Malave, Sebastian N (21) # | Marshall | | | | |
| Qureshi, Aamir Z (21) # | Marshall | | | | |
| Amarillas, Ryan R (21) # | Marshall | | | | |
| Athletes count: 6 | | | | | |
| # 24 Men Shot Put | | | | | |
| Gatti, Alessandro (20) | George C. Marshal | 47-07.00 | | | |
| Hickey-Bailey, Stephen (21) | George C. Marshal | 38-07.00 | | | |
| Palm, Brock C (21) | George C. Marshal | 34-10.00 | | | |
| Athletes count: 3 | | | | | |
| ‡ 25 Women High Jump | | | | | |
| Lewis, Noelle Z (20) | George C. Marshal | 4-09.00 | | | |
| Becker, Nicola J (22) | George C. Marshal | 4-08.00 | | | |
| Bir, Sayda R (22) | George C. Marshal | 4-06.00 | | | |

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Female IE's: 24 Total Athletes: 49

Male IE's: 33

Total IE's: 57 Total RE's: 6