

Ranking	Performance	Standard	Name	Class	Date	Meet
Women 100m Dash						
1	13.44	Conference 13 Champ Qualifier	Hamilton, Kristen A	19	4/27/2016	Falls Church vs Thomas Jefferson & Marshall
2	13.74	Conference 13 Champ Qualifier	Dacanay, Jemalyn L	19	4/27/2016	Falls Church vs Thomas Jefferson & Marshall
3	13.80	Conference 13 Champ Qualifier	Dacanay, Jemalyn L	19	4/13/2016	Marshall vs Edison & Stuart
3	13.80	Conference 13 Champ Qualifier	Orozco, Nina S	19	4/16/2016	Bullis Bulldog Invitational
5	13.81	Conference 13 Champ Qualifier	Lee, Anabelle R	19	4/13/2016	Marshall vs Edison & Stuart
Women 200m Dash						
1	27.53	Conference 13 Champ Qualifier	Holt, Heather	18	4/13/2016	Marshall vs Edison & Stuart
2	27.59	Conference 13 Champ Qualifier	Bir, Ava D	18	4/13/2016	Marshall vs Edison & Stuart
3	27.95	Conference 13 Champ Qualifier	Lee, Anabelle R	19	4/30/2016	11th Annual CASSEL'S XBC TRACK EXPERIENCE
Women 400m Dash						
1	58.34	Conference 13 Champ Qualifier	Bir, Ava D	18	3/30/2016	Marshall vs Wakefield & Falls Church
2	58.96	Northern 5A Regional Qualifier	Bir, Ava D	18	4/30/2016	11th Annual CASSEL'S XBC TRACK EXPERIENCE
3	59.26	Northern 5A Regional Qualifier	Bir, Ava D	18	4/2/2016	2016 Crimson Tide Invitational
4	59.40	Conference 13 Champ Qualifier	Holt, Heather	18	4/13/2016	Marshall vs Edison & Stuart
5	59.56	Northern 5A Regional Qualifier	Bir, Ava D	18	4/16/2016	Bullis Bulldog Invitational
6	59.58	Conference 13 Champ Qualifier	Bir, Ava D	18	4/13/2016	Marshall vs Edison & Stuart
7	1:03.54	Conference 13 Champ Qualifier	Lee, Anabelle R	19	3/30/2016	Marshall vs Wakefield & Falls Church
8	1:03.57	Conference 13 Champ Qualifier	Robbins, Jenna N	17	4/13/2016	Marshall vs Edison & Stuart
9	1:03.64	Conference 13 Champ Qualifier	Maynard, Alyssa N	19	3/30/2016	Marshall vs Wakefield & Falls Church
10	1:03.87	Conference 13 Champ Qualifier	Lee, Anabelle R	19	4/2/2016	2016 Crimson Tide Invitational
11	1:04.18	Conference 13 Champ Qualifier	Dirkse, Michelle G	18	4/13/2016	Marshall vs Edison & Stuart
12	1:04.74	Conference 13 Champ Qualifier	Orozco, Nina S	19	3/30/2016	Marshall vs Wakefield & Falls Church
13	1:04.89	Conference 13 Champ Qualifier	Holt, Ashley	18	4/13/2016	Marshall vs Edison & Stuart
14	1:05.34	Conference 13 Champ Qualifier	Bardach, Natalie M	19	4/27/2016	Falls Church vs Thomas Jefferson & Marshall
Women 800m Run						
1	2:16.26	State 5A Champs Qualifier	Holt, Heather	18	4/8/2016	Northern Va Invaitonal
2	2:21.14	State 5A Champs Qualifier	Bir, Ava D	18	4/8/2016	Northern Va Invaitonal
3	2:28.34	Conference 13 Champ Qualifier	Bir, Ava D	18	3/30/2016	Marshall vs Wakefield & Falls Church
4	2:28.63	Conference 13 Champ Qualifier	Robbins, Jenna N	17	4/8/2016	Northern Va Invaitonal
5	2:31.44	Conference 13 Champ Qualifier	Robbins, Jenna N	17	3/30/2016	Marshall vs Wakefield & Falls Church
6	2:35.58	Conference 13 Champ Qualifier	Batsford, Kelly A	17	4/16/2016	Bullis Bulldog Invitational
Women 1600m Run						
1	5:13.58	State 5A Champs Qualifier	Holt, Heather	18	4/16/2016	Bullis Bulldog Invitational
2	5:31.50	Conference 13 Champ Qualifier	Robbins, Jenna N	17	4/16/2016	Bullis Bulldog Invitational
3	5:31.70	Conference 13 Champ Qualifier	Robbins, Jenna N	17	4/2/2016	2016 Crimson Tide Invitational
4	5:41.34	Conference 13 Champ Qualifier	Holt, Ashley	18	4/6/2016	Falls Church vs Marshall & Stuart
5	5:42.49	Conference 13 Champ Qualifier	Qasem, Layan	17	4/13/2016	Marshall vs Edison & Stuart
Women 3200m Run						
1	10:43.14	State 5A Champs Qualifier	Holt, Heather	18	4/30/2016	11th Annual CASSEL'S XBC TRACK EXPERIENCE
2	10:59.33	State 5A Champs Qualifier	Holt, Heather	18	4/2/2016	2016 Crimson Tide Invitational
3	11:50.25	Northern 5A Regional Qualifier	Robbins, Jenna N	17	4/30/2016	11th Annual CASSEL'S XBC TRACK EXPERIENCE
4	12:29.90	Conference 13 Champ Qualifier	Murtha, Logan L	17	4/8/2016	Northern Va Invaitonal
Women 100m Hurdles						
1	17.26	Conference 13 Champ Qualifier	Dirkse, Michelle G	18	4/16/2016	Bullis Bulldog Invitational
2	17.69	Conference 13 Champ Qualifier	Dirkse, Michelle G	18	4/13/2016	Marshall vs Edison & Stuart
3	17.93	Conference 13 Champ Qualifier	Dirkse, Michelle G	18	4/16/2016	Bullis Bulldog Invitational
4	18.27	Conference 13 Champ Qualifier	Stegman, Molly M	17	4/30/2016	11th Annual CASSEL'S XBC TRACK EXPERIENCE
5	18.44	Conference 13 Champ Qualifier	Stegman, Molly M	17	4/6/2016	Falls Church vs Marshall & Stuart
6	18.54	Conference 13 Champ Qualifier	Stegman, Molly M	17	4/27/2016	Falls Church vs Thomas Jefferson & Marshall
6	18.54	Conference 13 Champ Qualifier	Schlier, Inga J	17	3/30/2016	Marshall vs Wakefield & Falls Church
6	18.54	Conference 13 Champ Qualifier	Schlier, Inga J	17	4/27/2016	Falls Church vs Thomas Jefferson & Marshall
Women 300m Hurdles						
1	50.28	Conference 13 Champ Qualifier	Dirkse, Michelle G	18	4/2/2016	2016 Crimson Tide Invitational
2	51.10	Conference 13 Champ Qualifier	Dirkse, Michelle G	18	4/8/2016	Northern Va Invaitonal
3	51.34	Conference 13 Champ Qualifier	Dirkse, Michelle G	18	3/30/2016	Marshall vs Wakefield & Falls Church
4	51.46	Conference 13 Champ Qualifier	Dirkse, Michelle G	18	4/16/2016	Bullis Bulldog Invitational
5	52.92	Conference 13 Champ Qualifier	Schlier, Inga J	17	4/30/2016	11th Annual CASSEL'S XBC TRACK EXPERIENCE
6	53.24	Conference 13 Champ Qualifier	Dirkse, Michelle G	18	4/6/2016	Falls Church vs Marshall & Stuart
Women Long Jump						
1	14-07.50	Conference 13 Champ Qualifier	Orozco, Nina S	19	4/16/2016	Bullis Bulldog Invitational
Women Shot Put						
1	30-04.50	Conference 13 Champ Qualifier	Griggs, Dannie C	17	3/30/2016	Marshall vs Wakefield & Falls Church
2	27-11.50	Conference 13 Champ Qualifier	Griggs, Dannie C	17	4/2/2016	2016 Crimson Tide Invitational
3	27-10.50	Conference 13 Champ Qualifier	Griggs, Dannie C	17	4/30/2016	11th Annual CASSEL'S XBC TRACK EXPERIENCE
4	27-03.50	Conference 13 Champ Qualifier	Griggs, Dannie C	17	4/8/2016	Northern Va Invaitonal
Women Discus						
1	102-05.00	Conference 13 Champ Qualifier	Griggs, Dannie C	17	4/27/2016	Falls Church vs Thomas Jefferson & Marshall
2	101-02.00	Northern 5A Regional Qualifier	Griggs, Dannie C	17	4/30/2016	11th Annual CASSEL'S XBC TRACK EXPERIENCE
3	99-03.75	Conference 13 Champ Qualifier	Griggs, Dannie C	17	4/13/2016	Marshall vs Edison & Stuart
4	91-03.00	Conference 13 Champ Qualifier	Griggs, Dannie C	17	4/2/2016	2016 Crimson Tide Invitational
5	90-03.00	Conference 13 Champ Qualifier	Griggs, Dannie C	17	4/8/2016	Northern Va Invaitonal
6	86-07.00	Conference 13 Champ Qualifier	Griggs, Dannie C	17	4/6/2016	Falls Church vs Marshall & Stuart
7	79-11.00	Conference 13 Champ Qualifier	Griggs, Dannie C	17	3/30/2016	Marshall vs Wakefield & Falls Church
8	76-00.75	Conference 13 Champ Qualifier	Stenseth, Alexandra B	17	4/13/2016	Marshall vs Edison & Stuart

Ranking	Performance	Standard	Name	Class	Date	Meet
			Men 100m Dash			
1	11.64	Conference 13 Champ Qualifier	Toscano, Sebastien G	17	4/27/2016	Falls Church vs Thomas Jefferson & Marshall
			Men 400m Dash			
1	52.34	Conference 13 Champ Qualifier	Toscano, Sebastien G	17	3/30/2016	Marshall vs Wakefield & Falls Church
			Men 800m Run			
1	2:00.81	Northern 5A Regional Qualifier	Lynch, Patrick C	17	4/8/2016	Northern Va Invitational
2	2:05.22	Conference 13 Champ Qualifier	Smith, Benjamin S	19	4/16/2016	Bullis Bulldog Invitational
3	2:06.22	Conference 13 Champ Qualifier	Gustafson, Sean A	17	4/30/2016	11th Annual CASSEL'S XBC TRACK EXPERIENCE
4	2:06.54	Conference 13 Champ Qualifier	Lynch, Patrick C	17	3/30/2016	Marshall vs Wakefield & Falls Church
5	2:06.85	Conference 13 Champ Qualifier	Haight, Alexander G	16	4/8/2016	Northern Va Invitational
6	2:07.44	Conference 13 Champ Qualifier	Smith, Benjamin S	19	3/30/2016	Marshall vs Wakefield & Falls Church
7	2:07.64	Conference 13 Champ Qualifier	Lynch, Patrick C	17	4/30/2016	11th Annual CASSEL'S XBC TRACK EXPERIENCE
			Men 1600m Run			
1	4:35.90	Conference 13 Champ Qualifier	Lynch, Patrick C	17	4/2/2016	2016 Crimson Tide Invitational
2	4:37.20	Conference 13 Champ Qualifier	Lynch, Patrick C	17	4/16/2016	Bullis Bulldog Invitational
3	4:37.81	Conference 13 Champ Qualifier	Smith, Benjamin S	19	4/8/2016	Northern Va Invitational
3	4:37.81	Conference 13 Champ Qualifier	Smith, Benjamin S	19	4/8/2016	Northern Va Invitational
5	4:39.29	Conference 13 Champ Qualifier	Haight, Alexander G	16	4/2/2016	2016 Crimson Tide Invitational
6	4:40.14	Conference 13 Champ Qualifier	Lynch, Patrick C	17	3/30/2016	Marshall vs Wakefield & Falls Church
7	4:40.22	Conference 13 Champ Qualifier	Smith, Benjamin S	19	4/30/2016	11th Annual CASSEL'S XBC TRACK EXPERIENCE
8	4:43.94	Conference 13 Champ Qualifier	Smith, Benjamin S	19	3/30/2016	Marshall vs Wakefield & Falls Church
9	4:43.98	Conference 13 Champ Qualifier	Haight, Alexander G	16	4/16/2016	Bullis Bulldog Invitational
10	4:44.05	Conference 13 Champ Qualifier	McFaul, Justin C	16	4/30/2016	11th Annual CASSEL'S XBC TRACK EXPERIENCE
11	4:45.75	Conference 13 Champ Qualifier	Smith, Benjamin S	19	4/2/2016	2016 Crimson Tide Invitational
12	4:46.04	Conference 13 Champ Qualifier	Gustafson, Sean A	17	4/27/2016	Falls Church vs Thomas Jefferson & Marshall
13	4:51.24	Conference 13 Champ Qualifier	McFaul, Justin C	16	3/30/2016	Marshall vs Wakefield & Falls Church
			Men 3200m Run			
1	10:16.41	Conference 13 Champ Qualifier	Forney, David	18	4/30/2016	11th Annual CASSEL'S XBC TRACK EXPERIENCE
2	10:19.48	Conference 13 Champ Qualifier	McFaul, Justin C	16	4/16/2016	Bullis Bulldog Invitational
3	10:23.20	Conference 13 Champ Qualifier	McFaul, Justin C	16	4/8/2016	Northern Va Invitational
			Men 300m Hurdles			
1	44.64	Conference 13 Champ Qualifier	Weske, Elijah R	17	4/27/2016	Falls Church vs Thomas Jefferson & Marshall
2	45.14	Conference 13 Champ Qualifier	Weske, Elijah R	17	3/30/2016	Marshall vs Wakefield & Falls Church