

Individual Meet Entries Report

4th David Cannon Memorial Polar Bear Meet 04-Dec-21
George C. Marshall High [GCM]

301-793-2900
headcoachwong@yahoo.com

Falls Church, VA 22043

WOMEN

<p>Abu Gafra, Leen (24) # 15 Women 55m Dash # 25 Women 300m Dash Ackerman, Rachel (25) # 21 Women 500m Dash Alaydrus, Lylana (24) # 15 Women 55m Dash # 25 Women 300m Dash Ali, Hadil (23) # 25 Women 300m Dash Allana, Simran (25) # 25 Women 300m Dash Alonso, Kathryn (22) # 23 Women 1000m Run Battista, Emma (22) # 27 Women 3200m Run Chase, Carlyne (23) # 23 Women 1000m Run Chen, Alison (24) # 25 Women 300m Dash Chowdhury, Madihamustafiz (25) # 25 Women 300m Dash Connelly, Elise (25) # 15 Women 55m Dash # 25 Women 300m Dash Crone, Laura (22) # 21 Women 500m Dash Daader, Farah (25) # 15 Women 55m Dash # 25 Women 300m Dash Dao, Rylie (24) # 15 Women 55m Dash # 25 Women 300m Dash Ford, Emma (22) # 2 Women High Jump # 25 Women 300m Dash Forman, Hadley (24) # 23 Women 1000m Run Fravel # 15 Women 55m Dash # 25 Women 300m Dash Garcia Palencia, Daniela (24) # 8 Women Shot Put # 15 Women 55m Dash Haggerty Graham, Adrianna (24) # 8 Women Shot Put # 15 Women 55m Dash # 25 Women 300m Dash</p>	<p>George C. Marshall Hi NT 47.90 George C. Marshall Hi NT George C. Marshall Hi NT NT George C. Marshall Hi NT George C. Marshall Hi NT George C. Marshall Hi 3:41.40 George C. Marshall Hi 12:34.45 George C. Marshall Hi NT George C. Marshall Hi NT George C. Marshall Hi NT George C. Marshall Hi NT George C. Marshall Hi NT George C. Marshall Hi 1:41.60 George C. Marshall Hi 8.20 46.80 George C. Marshall Hi NT 48.05 George C. Marshall Hi 4-10.00 45.98 George C. Marshall Hi NT George C. Marshall Hi 8.10 NT George C. Marshall Hi 22-06.00 NT George C. Marshall Hi 26-01.00 NT NT</p>	<p>Heffernan, Zoe (25) # 21 Women 500m Dash Kalavapudi, Laya (25) # 15 Women 55m Dash # 25 Women 300m Dash Khan, Sofia (25) # 21 Women 500m Dash Khoubbieh, Carlie (25) # 25 Women 300m Dash Kim, Ellie (23) # 25 Women 300m Dash Lang, Maya (25) # 15 Women 55m Dash # 25 Women 300m Dash Lauber, Samantha (24) # 15 Women 55m Dash # 25 Women 300m Dash Leong, Emmy (25) # 25 Women 300m Dash McGowan, Laila (25) # 25 Women 300m Dash McNabb, Torri (22) # 13 Women 55m Hurdles # 25 Women 300m Dash Mohamed Ali, Hoda (25) # 8 Women Shot Put Oluwehinmi, Oluwatoni (25) # 25 Women 300m Dash Ouikhlfen, Fairouz (23) # 21 Women 500m Dash Patrick # 8 Women Shot Put # 15 Women 55m Dash # 25 Women 300m Dash Pinto Colque, Eunice (25) # 25 Women 300m Dash Platter, Haley (22) # 21 Women 500m Dash Rader, Sophia (25) # 15 Women 55m Dash Raj, Arpita (25) # 25 Women 300m Dash Rivas Perez, Stephanie (25) # 25 Women 300m Dash Salem, Fatimah (22) # 19 Women 1600m Run Sbai, Israa (25) # 25 Women 300m Dash</p>	<p>George C. Marshall Hi NT George C. Marshall Hi 8.30 50.10 George C. Marshall Hi NT George C. Marshall Hi NT George C. Marshall Hi 57.54 George C. Marshall Hi NT 50.00 George C. Marshall Hi 8.74 50.50 George C. Marshall Hi NT George C. Marshall Hi NT George C. Marshall Hi NT George C. Marshall Hi 9.47 48.48 George C. Marshall Hi ND George C. Marshall Hi NT George C. Marshall Hi NT George C. Marshall Hi ND NT NT George C. Marshall Hi NT George C. Marshall Hi NT George C. Marshall Hi NT George C. Marshall Hi NT George C. Marshall Hi 6:45.93 George C. Marshall Hi NT</p>
---	--	---	---

Individual Meet Entries Report

4th David Cannon Memorial Polar Bear Meet 04-Dec-21
George C. Marshall High [GCM]

WOMEN

Schumer, Julia (25)	George C. Marshall Hi
# 2 Women High Jump	NH
# 15 Women 55m Dash	8.65
# 25 Women 300m Dash	NT
Shoemaker, Amelia (25)	George C. Marshall Hi
# 19 Women 1600m Run	NT
Spoden, Haley (23)	George C. Marshall Hi
# 27 Women 3200m Run	11:33.23
Stalin, Sheetal (25)	George C. Marshall Hi
# 15 Women 55m Dash	8.55
# 25 Women 300m Dash	47.90
Swanberry, Alyssa (25)	George C. Marshall Hi
# 25 Women 300m Dash	NT
Tarutani, Avery (22)	George C. Marshall Hi
# 21 Women 500m Dash	1:27.74
Tearne, Shelby (25)	George C. Marshall Hi
# 15 Women 55m Dash	8.74
# 25 Women 300m Dash	49.00
Thatcher, Maria (25)	George C. Marshall Hi
# 15 Women 55m Dash	8.65
# 25 Women 300m Dash	48.04
Viskupic, Olivia (22)	George C. Marshall Hi
# 27 Women 3200m Run	12:28.01
Welch, Sophia (24)	George C. Marshall Hi
# 15 Women 55m Dash	8.44
# 25 Women 300m Dash	47.50

Individual Meet Entries Report

4th David Cannon Memorial Polar Bear Meet 04-Dec-21
George C. Marshall High [GCM]

MEN

Acharya, Pratik (24)	George C. Marshall Hi	# 26	Men 300m Dash	NT
# 22 Men 500m Dash	NT		Desai, Kush (25)	George C. Marshall Hi
Akbari, Hamza (24)	George C. Marshall Hi	# 24	Men 1000m Run	NT
# 16 Men 55m Dash	NT		Doshi, Devin (23)	George C. Marshall Hi
# 26 Men 300m Dash	43.00	# 22	Men 500m Dash	NT
Al-Gailani, Ammar (23)	George C. Marshall Hi		Dumont, Charles (23)	George C. Marshall Hi
# 26 Men 300m Dash	NT	# 24	Men 1000m Run	3:13.08
Ayers, Jacob (24)	George C. Marshall Hi		Elwannas, Nawfal (23)	George C. Marshall Hi
# 3 Men Long Jump	16-01.00	# 16	Men 55m Dash	7.24
# 26 Men 300m Dash	NT		Estrada Zapata, Samuel (24)	George C. Marshall Hi
Barnes, Simon (24)	George C. Marshall Hi	# 22	Men 500m Dash	NT
# 28 Men 3200m Run	10:41.30		Frisk, Joseph (25)	George C. Marshall Hi
Bayasgalan, Taivan (25)	George C. Marshall Hi	# 26	Men 300m Dash	NT
# 26 Men 300m Dash	NT		Frizell, Colin (25)	George C. Marshall Hi
Beshir, Yakob (24)	George C. Marshall Hi	# 26	Men 300m Dash	NT
# 22 Men 500m Dash	NT		Gerritz, Lars (24)	George C. Marshall Hi
Bhalla, Krish (24)	George C. Marshall Hi	# 20	Men 1600m Run	NT
# 16 Men 55m Dash	NT		Gonzalez, Jose (23)	George C. Marshall Hi
# 26 Men 300m Dash	43.00	# 3	Men Long Jump	16-03.00
Bishop, Nathaniel (25)	George C. Marshall Hi	# 24	Men 1000m Run	3:29.11
# 3 Men Long Jump	ND		Hanzlik, Luke (23)	George C. Marshall Hi
# 26 Men 300m Dash	NT	# 24	Men 1000m Run	2:55.44
Brown, John (25)	George C. Marshall Hi		Heimann, Nicholas (23)	George C. Marshall Hi
# 26 Men 300m Dash	NT	# 7	Men Shot Put	27-04.00
Burbano, Tyler (25)	George C. Marshall Hi		Himmel, Levi (25)	George C. Marshall Hi
# 26 Men 300m Dash	NT	# 26	Men 300m Dash	NT
Busi, Likith (25)	George C. Marshall Hi		Hosch, Alexander (24)	George C. Marshall Hi
# 26 Men 300m Dash	NT	# 22	Men 500m Dash	NT
Callihan, Alexander (25)	George C. Marshall Hi		Isaacson, Benjamin (25)	George C. Marshall Hi
# 28 Men 3200m Run	NT	# 26	Men 300m Dash	NT
Chargel, Sebastian (25)	George C. Marshall Hi		Kalapa, Naveen (25)	George C. Marshall Hi
# 16 Men 55m Dash	NT	# 26	Men 300m Dash	NT
# 26 Men 300m Dash	43.00		Kanaan, Ali (24)	George C. Marshall Hi
Chemakura, Pritish (25)	George C. Marshall Hi	# 22	Men 500m Dash	NT
# 16 Men 55m Dash	NT		Katz, Benjamin (22)	George C. Marshall Hi
# 26 Men 300m Dash	43.00	# 7	Men Shot Put	33-07.00
Chhina, Aman (24)	George C. Marshall Hi		Klinowski, Yacob (25)	George C. Marshall Hi
# 16 Men 55m Dash	8.27	# 26	Men 300m Dash	NT
# 26 Men 300m Dash	NT		Klinowski, Yonas (25)	George C. Marshall Hi
Choe, Ethan (24)	George C. Marshall Hi	# 26	Men 300m Dash	NT
# 16 Men 55m Dash	8.94		Lee, Curtis (23)	George C. Marshall Hi
# 26 Men 300m Dash	48.84	# 3	Men Long Jump	16-02.00
Citino, Joshua (25)	George C. Marshall Hi	# 22	Men 500m Dash	1:23.39
# 26 Men 300m Dash	NT		Lee, Jacob (25)	George C. Marshall Hi
Clopper, Ryan (25)	George C. Marshall Hi	# 24	Men 1000m Run	NT
# 20 Men 1600m Run	NT		Lee, Samuel (23)	George C. Marshall Hi
Cook, Jayden (24)	George C. Marshall Hi	# 20	Men 1600m Run	4:58.99
# 26 Men 300m Dash	NT		Lewis, Spencer (22)	George C. Marshall Hi
Dabich, Jackson (23)	George C. Marshall Hi	# 16	Men 55m Dash	6.86
# 16 Men 55m Dash	NT		Lim, Daniel (25)	George C. Marshall Hi

Individual Meet Entries Report

**4th David Cannon Memorial Polar Bear Meet 04-Dec-21
George C. Marshall High [GCM]**

MEN

Lim, Daniel (25)	George C. Marshall Hi	# 20	Men 1600m Run	5:38.37
# 16 Men 55m Dash	NT	Rahman, Zaid (24)	George C. Marshall Hi	
# 26 Men 300m Dash	44.00	# 16 Men 55m Dash	NT	
Lin, David (23)	George C. Marshall Hi	# 26 Men 300m Dash	44.00	
# 3 Men Long Jump	16-01.00	Redding, Ian (25)	George C. Marshall Hi	
# 16 Men 55m Dash	7.14	# 16 Men 55m Dash	NT	
# 26 Men 300m Dash	NT	# 26 Men 300m Dash	44.00	
Lomax, Bennett (24)	George C. Marshall Hi	Rimal, Abin (25)	George C. Marshall Hi	
# 16 Men 55m Dash	7.30	# 16 Men 55m Dash	NT	
# 26 Men 300m Dash	41.50	# 26 Men 300m Dash	NT	
Lutchman, Joshua (25)	George C. Marshall Hi	Rowe, William (23)	George C. Marshall Hi	
# 26 Men 300m Dash	NT	# 7 Men Shot Put	ND	
Malhotra, Ribhav (25)	George C. Marshall Hi	Russin, Benjamin (23)	George C. Marshall Hi	
# 16 Men 55m Dash	NT	# 20 Men 1600m Run	NT	
# 26 Men 300m Dash	NT	Ryder, Paul (23)	George C. Marshall Hi	
Martin, Aidan (24)	George C. Marshall Hi	# 16 Men 55m Dash	7.44	
# 26 Men 300m Dash	NT	Sadeque, Zimraan (22)	George C. Marshall Hi	
McCarthy, Aidan (24)	George C. Marshall Hi	# 20 Men 1600m Run	5:19.30	
# 28 Men 3200m Run	11:26.21	Safsaf, Mohammed (25)	George C. Marshall Hi	
McKay, Hunter (23)	George C. Marshall Hi	# 26 Men 300m Dash	NT	
# 26 Men 300m Dash	NT	Sandall, Gavin (23)	George C. Marshall Hi	
Moore, Ethan (24)	George C. Marshall Hi	# 16 Men 55m Dash	7.66	
# 26 Men 300m Dash	NT	# 26 Men 300m Dash	40.04	
Moser, Gavin (25)	George C. Marshall Hi	Sanders, Sean (23)	George C. Marshall Hi	
# 16 Men 55m Dash	NT	# 28 Men 3200m Run	9:59.58	
# 26 Men 300m Dash	45.00	Sazzad, Sajid (24)	George C. Marshall Hi	
Mueller, Christian (25)	George C. Marshall Hi	# 26 Men 300m Dash	NT	
# 20 Men 1600m Run	NT	Tadlock, Conner (23)	George C. Marshall Hi	
Nguyen, Brandon (22)	George C. Marshall Hi	# 7 Men Shot Put	30-01.00	
# 24 Men 1000m Run	3:14.34	# 24 Men 1000m Run	4:07.00	
Nolan-Landwehr, Kian (23)	George C. Marshall Hi	Taranov, Alek (23)	George C. Marshall Hi	
# 24 Men 1000m Run	NT	# 16 Men 55m Dash	7.81	
Oliver, Alexander (23)	George C. Marshall Hi	# 26 Men 300m Dash	45.79	
# 16 Men 55m Dash	7.14	Tarutani, Pierce (25)	George C. Marshall Hi	
Paine, Christopher (24)	George C. Marshall Hi	# 24 Men 1000m Run	NT	
# 26 Men 300m Dash	NT	Tedesco, Henry (25)	George C. Marshall Hi	
Patke, Bhaskar (23)	George C. Marshall Hi	# 28 Men 3200m Run	NT	
# 24 Men 1000m Run	3:23.30	Thompson, Joshua (25)	George C. Marshall Hi	
Penix, Jaime (23)	George C. Marshall Hi	# 16 Men 55m Dash	NT	
# 24 Men 1000m Run	NT	# 26 Men 300m Dash	44.00	
Perrault, Adam (23)	George C. Marshall Hi	Tillman, Hayden (23)	George C. Marshall Hi	
# 7 Men Shot Put	32-02.00	# 3 Men Long Jump	ND	
# 16 Men 55m Dash	NT	# 26 Men 300m Dash	NT	
# 26 Men 300m Dash	58.67	Timbrook, Jack (25)	George C. Marshall Hi	
Pettine, Lucas (25)	George C. Marshall Hi	# 3 Men Long Jump	ND	
# 26 Men 300m Dash	NT	# 26 Men 300m Dash	NT	
Pho, Hong-An (25)	George C. Marshall Hi	Tolcha, Bermaji (23)	George C. Marshall Hi	
# 1 Men High Jump	NH	# 20 Men 1600m Run	NT	
# 26 Men 300m Dash	NT	Tolcha, Tokuma (25)	George C. Marshall Hi	
Rader, George (23)	George C. Marshall Hi	# 26 Men 300m Dash	NT	

Individual Meet Entries Report

4th David Cannon Memorial Polar Bear Meet 04-Dec-21
George C. Marshall High [GCM]

MEN

Truong, Jonathan (25)	George C. Marshall Hi
# 26 Men 300m Dash	NT
Um, Ethan (24)	George C. Marshall Hi
# 26 Men 300m Dash	NT
Vaidya, Vedansh (23)	George C. Marshall Hi
# 3 Men Long Jump	10-09.00
# 16 Men 55m Dash	8.34
# 26 Men 300m Dash	56.50
VanValen, Anthony (25)	George C. Marshall Hi
# 16 Men 55m Dash	NT
# 26 Men 300m Dash	NT
Vidwans, Kalen (23)	George C. Marshall Hi
# 26 Men 300m Dash	NT
Walcott, Alexander (25)	George C. Marshall Hi
# 26 Men 300m Dash	NT
Weeks, Brandon (24)	George C. Marshall Hi
# 22 Men 500m Dash	NT
Wilder, Henry (23)	George C. Marshall Hi
# 20 Men 1600m Run	5:24.85
Wineland, Naveen (23)	George C. Marshall Hi
# 20 Men 1600m Run	7:00.78
Woermer, Finn (24)	George C. Marshall Hi
# 16 Men 55m Dash	NT
# 26 Men 300m Dash	NT

Individual Meet Entries Report

4th David Cannon Memorial Polar Bear Meet 04-Dec-21
George C. Marshall High [GCM]

Female IE's:	72	
Male IE's:	128	<hr/>
Total IE's:	200	
Total Athletes:	145	