

### Individual Meet Entries Report

**Herndon vs McLean vs Marshall 11-Dec-21**  
**George C. Marshall High [GCM]**

**301-793-2900**  
**headcoachwong@yahoo.com**

**Falls Church, VA 22043**

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| <b>WOMEN</b> |
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| <p><b>Abu Gafra, Leen (24)</b><br/>                 # 15 Women 55m Dash<br/>                 # 25 Women 300m Dash<br/> <b>Ackerman, Rachel (25)</b><br/>                 # 21 Women 500m Dash<br/> <b>Ali, Hadil (23)</b><br/>                 # 15 Women 55m Dash<br/>                 # 25 Women 300m Dash<br/> <b>Battista, Emma (22)</b><br/>                 # 19 Women 1600m Run<br/> <b>Blanton, Josephine (24)</b><br/>                 # 19 Women 1600m Run<br/> <b>Connelly, Elise (25)</b><br/>                 # 15 Women 55m Dash<br/>                 # 25 Women 300m Dash<br/> <b>Crone, Laura (22)</b><br/>                 # 2 Women High Jump<br/>                 # 21 Women 500m Dash<br/> <b>Curran, Veronica (23)</b><br/>                 # 15 Women 55m Dash<br/>                 # 17 Women 4x200m Relay A<br/>                 # 25 Women 300m Dash<br/> <b>Daader, Farah (25)</b><br/>                 # 15 Women 55m Dash<br/>                 # 25 Women 300m Dash<br/> <b>Ford, Emma (22)</b><br/>                 # 2 Women High Jump<br/>                 # 17 Women 4x200m Relay A<br/>                 # 25 Women 300m Dash<br/> <b>Forman, Hadley (24)</b><br/>                 # 19 Women 1600m Run<br/> <b>Fravel, Allie (25)</b><br/>                 # 15 Women 55m Dash<br/>                 # 17 Women 4x200m Relay A<br/> <b>Garcia Palencia, Daniela (24)</b><br/>                 # 8 Women Shot Put<br/> <b>Haggerty Graham, Adrianna (24)</b><br/>                 # 8 Women Shot Put<br/>                 # 15 Women 55m Dash<br/>                 # 25 Women 300m Dash<br/> <b>Heffernan, Zoe (25)</b><br/>                 # 23 Women 1000m Run<br/> <b>Jimenez, Tamara (25)</b><br/>                 # 15 Women 55m Dash<br/>                 # 25 Women 300m Dash<br/> <b>Kalavapudi, Laya (25)</b><br/>                 # 15 Women 55m Dash<br/>                 # 25 Women 300m Dash</p> | <p><b>George C. Marshall Hi</b><br/>                 8.62<br/>                 50.13<br/> <b>George C. Marshall Hi</b><br/>                 1:49.41<br/> <b>George C. Marshall Hi</b><br/>                 NT<br/>                 NT<br/> <b>George C. Marshall Hi</b><br/>                 5:47.56<br/> <b>George C. Marshall Hi</b><br/>                 6:44.99<br/> <b>George C. Marshall Hi</b><br/>                 8.63<br/>                 51.03<br/> <b>George C. Marshall Hi</b><br/>                 NH<br/>                 1:41.60<br/> <b>George C. Marshall Hi</b><br/>                 8.29<br/>                 46.84<br/> <b>George C. Marshall Hi</b><br/>                 8.53<br/>                 50.95<br/> <b>George C. Marshall Hi</b><br/>                 4-10.00<br/>                 45.98<br/> <b>George C. Marshall Hi</b><br/>                 NT<br/> <b>George C. Marshall Hi</b><br/>                 8.04<br/> <b>George C. Marshall Hi</b><br/>                 26-00.50<br/> <b>George C. Marshall Hi</b><br/>                 26-10.00<br/>                 8.66<br/>                 52.89<br/> <b>George C. Marshall Hi</b><br/>                 NT<br/> <b>George C. Marshall Hi</b><br/>                 NT<br/>                 NT<br/> <b>George C. Marshall Hi</b><br/>                 NT<br/>                 10.42<br/>                 1:02.06</p> | <p><b>Khoubbieh, Carlie (25)</b><br/>                 # 15 Women 55m Dash<br/>                 # 25 Women 300m Dash<br/> <b>Kim, Ellie (23)</b><br/>                 # 15 Women 55m Dash<br/>                 # 25 Women 300m Dash<br/> <b>Lang, Maya (25)</b><br/>                 # 15 Women 55m Dash<br/>                 # 25 Women 300m Dash<br/> <b>Lauber, Samantha (24)</b><br/>                 # 15 Women 55m Dash<br/>                 # 17 Women 4x200m Relay A<br/>                 # 25 Women 300m Dash<br/> <b>McGowan, Laila (25)</b><br/>                 # 15 Women 55m Dash<br/>                 # 25 Women 300m Dash<br/> <b>McNabb, Torri (22)</b><br/>                 # 13 Women 55m Hurdles<br/>                 # 17 Women 4x200m Relay A<br/>                 # 25 Women 300m Dash<br/> <b>Mohamed Ali, Hoda (25)</b><br/>                 # 8 Women Shot Put<br/> <b>Oluwehinmi, Oluwatoni (25)</b><br/>                 # 15 Women 55m Dash<br/>                 # 25 Women 300m Dash<br/> <b>Ouikhfen, Fairouz (23)</b><br/>                 # 21 Women 500m Dash<br/> <b>Patrick, Jada (24)</b><br/>                 # 8 Women Shot Put<br/>                 # 15 Women 55m Dash<br/>                 # 17 Women 4x200m Relay A<br/>                 # 25 Women 300m Dash<br/> <b>Platter, Haley (22)</b><br/>                 # 23 Women 1000m Run<br/> <b>Raj, Arpita (25)</b><br/>                 # 15 Women 55m Dash<br/>                 # 25 Women 300m Dash<br/> <b>Salem, Fatimah (22)</b><br/>                 # 19 Women 1600m Run<br/> <b>Sbai, Israa (25)</b><br/>                 # 8 Women Shot Put<br/>                 # 15 Women 55m Dash<br/> <b>Shoemaker, Amelia (25)</b><br/>                 # 27 Women 3200m Run<br/> <b>Skaggs, Sarah (23)</b><br/>                 # 15 Women 55m Dash<br/>                 # 25 Women 300m Dash<br/> <b>Spoden, Haley (23)</b></p> | <p><b>George C. Marshall Hi</b><br/>                 NT<br/>                 54.79<br/> <b>George C. Marshall Hi</b><br/>                 8.84<br/>                 54.96<br/> <b>George C. Marshall Hi</b><br/>                 8.86<br/>                 49.50<br/> <b>George C. Marshall Hi</b><br/>                 8.64<br/>                 48.32<br/> <b>George C. Marshall Hi</b><br/>                 NT<br/>                 NT<br/> <b>George C. Marshall Hi</b><br/>                 9.47<br/>                 46.57<br/> <b>George C. Marshall Hi</b><br/>                 21-02.75<br/> <b>George C. Marshall Hi</b><br/>                 NT<br/>                 50.34<br/> <b>George C. Marshall Hi</b><br/>                 2:27.34<br/> <b>George C. Marshall Hi</b><br/>                 22-08.00<br/>                 8.29<br/>                 52.42<br/> <b>George C. Marshall Hi</b><br/>                 NT<br/> <b>George C. Marshall Hi</b><br/>                 NT<br/>                 NT<br/> <b>George C. Marshall Hi</b><br/>                 6:33.61<br/> <b>George C. Marshall Hi</b><br/>                 ND<br/>                 NT<br/> <b>George C. Marshall Hi</b><br/>                 NT<br/> <b>George C. Marshall Hi</b><br/>                 8.74<br/>                 49.74<br/> <b>George C. Marshall Hi</b></p> |
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**Individual Meet Entries Report****Herndon vs McLean vs Marshall 11-Dec-21****George C. Marshall High [GCM]****WOMEN**

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| <b>Spoden, Haley (23)</b>     | <b>George C. Marshall Hi</b> |
| # 19 Women 1600m Run          | 5:15.23                      |
| <b>Stalin, Sheetal (25)</b>   | <b>George C. Marshall Hi</b> |
| # 15 Women 55m Dash           | 8.85                         |
| # 25 Women 300m Dash          | 51.17                        |
| <b>Swanberry, Alyssa (25)</b> | <b>George C. Marshall Hi</b> |
| # 15 Women 55m Dash           | NT                           |
| # 25 Women 300m Dash          | 1:00.08                      |
| <b>Tarutani, Avery (22)</b>   | <b>George C. Marshall Hi</b> |
| # 23 Women 1000m Run          | NT                           |
| <b>Thatcher, Maria (25)</b>   | <b>George C. Marshall Hi</b> |
| # 15 Women 55m Dash           | 8.54                         |
| # 17 Women 4x200m Relay A     |                              |
| # 25 Women 300m Dash          | 48.30                        |
| <b>Viskupic, Olivia (22)</b>  | <b>George C. Marshall Hi</b> |
| # 19 Women 1600m Run          | 5:50.11                      |

**Individual Meet Entries Report**

**Herndon vs McLean vs Marshall 11-Dec-21**  
**George C. Marshall High [GCM]**

**MEN**

|                                 |                              |      |                                 |                              |
|---------------------------------|------------------------------|------|---------------------------------|------------------------------|
| <b>Ayers, Jacob (24)</b>        | <b>George C. Marshall Hi</b> | # 30 | Men 4x400m Relay A              |                              |
| # 3 Men Long Jump               | 16-01.00                     |      | <b>Frisk, Joseph (25)</b>       | <b>George C. Marshall Hi</b> |
| # 16 Men 55m Dash               | NT                           | # 16 | Men 55m Dash                    | NT                           |
| # 26 Men 300m Dash              | 43.93                        | # 26 | Men 300m Dash                   | 47.86                        |
| <b>Barnes, Simon (24)</b>       | <b>George C. Marshall Hi</b> |      | <b>Frizell, Colin (25)</b>      | <b>George C. Marshall Hi</b> |
| # 20 Men 1600m Run              | 5:03.44                      | # 16 | Men 55m Dash                    | NT                           |
| <b>Brown, John (25)</b>         | <b>George C. Marshall Hi</b> | # 26 | Men 300m Dash                   | 43.77                        |
| # 16 Men 55m Dash               | NT                           |      | <b>Gonzalez, Jose (23)</b>      | <b>George C. Marshall Hi</b> |
| # 26 Men 300m Dash              | 51.63                        | # 3  | Men Long Jump                   | 16-03.00                     |
| <b>Bruno, Andrew (23)</b>       | <b>George C. Marshall Hi</b> | # 24 | Men 1000m Run                   | 3:29.11                      |
| # 20 Men 1600m Run              | NT                           |      | <b>Hanzlik, Luke (23)</b>       | <b>George C. Marshall Hi</b> |
| <b>Buckley, Reid (23)</b>       | <b>George C. Marshall Hi</b> | # 22 | Men 500m Dash                   | 1:21.10                      |
| # 20 Men 1600m Run              | 5:47.40                      | # 30 | Men 4x400m Relay A              |                              |
| <b>Burbano, Malcolm (22)</b>    | <b>George C. Marshall Hi</b> |      | <b>Heimann, Nicholas (23)</b>   | <b>George C. Marshall Hi</b> |
| # 22 Men 500m Dash              | NT                           | # 7  | Men Shot Put                    | 29-07.00                     |
| <b>Burbano, Tyler (25)</b>      | <b>George C. Marshall Hi</b> |      | <b>Himmel, Levi (25)</b>        | <b>George C. Marshall Hi</b> |
| # 16 Men 55m Dash               | NT                           | # 16 | Men 55m Dash                    | NT                           |
| # 26 Men 300m Dash              | 53.01                        | # 26 | Men 300m Dash                   | 51.88                        |
| <b>Busi, Likith (25)</b>        | <b>George C. Marshall Hi</b> |      | <b>Kalapa, Naveen (25)</b>      | <b>George C. Marshall Hi</b> |
| # 16 Men 55m Dash               | NT                           | # 16 | Men 55m Dash                    | NT                           |
| # 26 Men 300m Dash              | 47.35                        | # 26 | Men 300m Dash                   | NT                           |
| <b>Callihan, Alexander (25)</b> | <b>George C. Marshall Hi</b> |      | <b>Katz, Benjamin (22)</b>      | <b>George C. Marshall Hi</b> |
| # 20 Men 1600m Run              | NT                           | # 7  | Men Shot Put                    | 33-07.00                     |
| <b>Chhina, Aman (24)</b>        | <b>George C. Marshall Hi</b> |      | <b>Kiersz, Christopher (23)</b> | <b>George C. Marshall Hi</b> |
| # 16 Men 55m Dash               | 7.63                         | # 20 | Men 1600m Run                   | 5:51.15                      |
| # 26 Men 300m Dash              | 41.10                        |      | <b>Klinowski, Yacob (25)</b>    | <b>George C. Marshall Hi</b> |
| <b>Choe, Ethan (24)</b>         | <b>George C. Marshall Hi</b> | # 16 | Men 55m Dash                    | NT                           |
| # 16 Men 55m Dash               | 8.15                         | # 26 | Men 300m Dash                   | 49.91                        |
| # 26 Men 300m Dash              | 45.69                        |      | <b>Klinowski, Yonas (25)</b>    | <b>George C. Marshall Hi</b> |
| <b>Church, Henry (23)</b>       | <b>George C. Marshall Hi</b> | # 16 | Men 55m Dash                    | NT                           |
| # 20 Men 1600m Run              | 5:49.34                      | # 26 | Men 300m Dash                   | 50.88                        |
| <b>Citino, Joshua (25)</b>      | <b>George C. Marshall Hi</b> |      | <b>Legendyk, Leonardo (23)</b>  | <b>George C. Marshall Hi</b> |
| # 16 Men 55m Dash               | NT                           | # 24 | Men 1000m Run                   | 3:17.00                      |
| # 26 Men 300m Dash              | 46.44                        |      | <b>Lee, Curtis (23)</b>         | <b>George C. Marshall Hi</b> |
| <b>Clopper, Ryan (25)</b>       | <b>George C. Marshall Hi</b> | # 3  | Men Long Jump                   | 16-02.00                     |
| # 24 Men 1000m Run              | NT                           | # 22 | Men 500m Dash                   | 1:23.39                      |
| <b>Cook, Jayden (24)</b>        | <b>George C. Marshall Hi</b> |      | <b>Lee, Patrick (24)</b>        | <b>George C. Marshall Hi</b> |
| # 16 Men 55m Dash               | NT                           | # 3  | Men Long Jump                   | ND                           |
| # 26 Men 300m Dash              | 46.07                        | # 24 | Men 1000m Run                   | NT                           |
| <b>Dabich, Jackson (23)</b>     | <b>George C. Marshall Hi</b> |      | <b>Lee, Samuel (23)</b>         | <b>George C. Marshall Hi</b> |
| # 16 Men 55m Dash               | NT                           | # 20 | Men 1600m Run                   | 4:57.45                      |
| # 26 Men 300m Dash              | NT                           |      | <b>Lewis, Spencer (22)</b>      | <b>George C. Marshall Hi</b> |
| <b>Desai, Kush (25)</b>         | <b>George C. Marshall Hi</b> | # 16 | Men 55m Dash                    | 6.85                         |
| # 22 Men 500m Dash              | 1:15.64                      | # 26 | Men 300m Dash                   | 39.74                        |
| # 30 Men 4x400m Relay A         |                              | # 30 | Men 4x400m Relay A              |                              |
| <b>Doshi, Devin (23)</b>        | <b>George C. Marshall Hi</b> |      | <b>Lim, Daniel (25)</b>         | <b>George C. Marshall Hi</b> |
| # 22 Men 500m Dash              | 1:56.75                      | # 16 | Men 55m Dash                    | 7.92                         |
| <b>Elwannas, Nawfal (23)</b>    | <b>George C. Marshall Hi</b> | # 26 | Men 300m Dash                   | 44.91                        |
| # 16 Men 55m Dash               | 7.24                         |      | <b>Lin, David (23)</b>          | <b>George C. Marshall Hi</b> |
| # 26 Men 300m Dash              | 40.64                        | # 3  | Men Long Jump                   | 16-01.00                     |



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**George C. Marshall High [GCM]**

|            |
|------------|
| <b>MEN</b> |
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| <b>Vidwans, Kalen (23)</b>   |               | <b>George C. Marshall Hi</b> |
| # 16                         | Men 55m Dash  | NT                           |
| # 26                         | Men 300m Dash | 44.93                        |
| <b>Weeks, Brandon (24)</b>   |               | <b>George C. Marshall Hi</b> |
| # 22                         | Men 500m Dash | 1:28.78                      |
| <b>Wilder, Henry (23)</b>    |               | <b>George C. Marshall Hi</b> |
| # 28                         | Men 3200m Run | 11:39.38                     |
| <b>Wineland, Naveen (23)</b> |               | <b>George C. Marshall Hi</b> |
| # 24                         | Men 1000m Run | 4:27.55                      |
| <b>Zoesch, Finley (25)</b>   |               | <b>George C. Marshall Hi</b> |
| # 20                         | Men 1600m Run | NT                           |

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|------------------------|------------|---------------------|-----------|
| <b>Female IE's:</b>    | <b>65</b>  | <b>Female RE's:</b> | <b>7</b>  |
| <b>Male IE's:</b>      | <b>123</b> | <b>Male RE's:</b>   | <b>8</b>  |
| <b>Total IE's:</b>     |            | <b>Total RE's:</b>  |           |
|                        | <b>188</b> |                     | <b>15</b> |
| <b>Total Athletes:</b> | <b>117</b> |                     |           |