

GCM HS W-T&F SCHEDULE 2022 - 2023

Name	Date	Location	Type	Venue	Times			Buses
					Meet Start	Bus Departure	Meet End	
5th David Cannon Polar Bear Inv.	Saturday, December 3, 2022	Marshall HS - Falls Church, VA	Invitational	Outdoors	9:00AM	N/A	2:00PM	N/A
Northern VA TJMS Meet #3	Friday, December 9, 2022	TJMS - Arlington, VA	Quad	Indoors	5:30PM	4:30PM	10:30PM	2
Prince Georges Invitational	Saturday, December 10, 2022	PGSCL - Landover, MD	Invitational	Indoors	9:00AM	7:15AM	4:30PM	1
Grant Holloway Invitational	Saturday, December 17, 2022	VA Beach Sportplex - VA	Overnight	Indoors	9:00AM	N/A	4:30PM	Carpool
Polar Titans Invitational	Saturday, December 17, 2022	Dominion HS - Sterling, VA	Invitational	Outdoors	9:00AM	N/A	4:30PM	1
Holiday Invitational	Wednesday, December 28, 2022	PGSCL - Landover, MD	Invitational	Indoors	9:00AM	7:15AM	4:30PM	1
East Coast Elite Indoors	Saturday, January 7, 2023	VA Beach Sportplex - VA	Invitational	Indoors	9:00AM	6:30AM	4:30PM	Charter Bus
Northern VA TJMS Meet #5	Friday, January 13, 2023	TJMS - Arlington, VA	Quad	Indoors	5:30PM	4:30PM	10:30PM	2
VA Showcase 2022 Day 1	Friday, January 13, 2023	VA Beach Sportplex - VA	Overnight	Indoors	TBA	TBA	TBA	Carpool
VA Showcase 2022 Day 2	Saturday, January 14, 2023	VA Beach Sportplex - VA	Overnight	Indoors	8:30AM	TBA	TBA	Carpool
Last Track to Philly	Saturday, January 21, 2023	Georgetown Prep - Bethesda, MD	Invitational	Indoors	8:30AM	4:00PM	7:30AM	1
Northern VA TJMS Meet #9	Saturday, January 28, 2023	TJMS - Arlington, VA	Quad	Indoors	7:30AM	6:30AM	12:00PM	2
Liberty District Championship Day 1	Thursday, February 2, 2023	PGSCL - Landover, MD	District	Indoors	TBA	TBA	TBA	1
Liberty District Championship Day 2	Friday, February 3, 2023	PGSCL - Landover, MD	District	Indoors	TBA	TBA	TBA	1
6A Northern Regional Champs	Wednesday, February 15, 2023	PGSCL - Landover, MD	Regional	Indoors	TBA	TBA	TBA	1
6A State Meet Day 1	Friday, February 24, 2023	VA Beach Sportplex - VA	States	Indoors	TBA	TBA	TBA	Carpool
6A State Meet Day 2	Saturday, February 25, 2023	VA Beach Sportplex - VA	States	Indoors	TBA	TBA	TBA	Carpool

*Everyone will be competing at David Cannon Home meet

*District & Regional Championship date is pending

*Grant Holloway & VA Showcase are overnight meets

*East Coast Elite will be a bus trip to VMI

*TJMS - Thomas Jefferson Middle School - Arlington, VA

*PGSCL - Prince George's Sports and Learning complex - Landover, MD